

# Roly Poly With Felicia

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**Count:** 128      **Wall:** —      **Level:** Phrased Intermediate

**Choreographer:** Felicia Teh (Malaysia) Aug 2011

**Music:** Roly Poly by T-ara

**Start dance after 16 counts - Sequence: Intro 16 / CABCTag 1 / ABCTag 2 / BA(32 counts)CTag1 Pose.**

## **INTRO ( 16 COUNTS )**

### **(1) Cross Touches , Swivel From Left To Front**

**1,2,3,4: Cross L over R , Touch R to R , Cross R over L , Touch L to L**

**&5&6&7&8: Swivel L heel out , in , out , in , out , in , out, in ( From side to front )**

### **(2) Cross Touches , Together Step & Hip Sways R , L , R , L**

**1,2,3,4: Cross L behind R , Touch R to R , Cross R behind L , Touch L to L.**

**5,6,7,8: Step L next to R with hip sway R, Step R next to L with hip sway L, : Step L next to R with hip sway R, Step R next to L with hip sway L.**

## **PART C (32 COUNTS)**

### **(1) Step R To R With Hip Sway , Hitch L And Slap**

**1: R to R with hip sway to R ( Place L hand straight at chest level with palm facing downwards, swing R hand above R shoulder with palm facing upwards )**

**2: Sway hip to L ( Swing R hand in a circular mode to the front and above L hand with palm facing upwards )**

**3: Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards )**

**4: Sway hip to L ( Swing R hand in a circular mode to the front and below L hand with palm facing upwards )**

**5: Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards**

**6: Sway hip to L ( Swing R hand in a circular mode to the front and above L hand with palm facing upwards )**

**7: Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards )**

**8: Hitch L ( Place L hand on L waist and slap R hand on to L foot )**

**(2) Step L To L With Hip Sway , Sway R , Recover L And Hitch R , Step R To R With Hip Sway , Sway L , Sit On R , Hip Bumps**

**1: Step L to L and sway to L ( Point R index finger diagonally upwards to R )**

**2: Sway R ( Place R hand on R waist , point L index finger diagonally upwards to L )**

**3: Recover L hitch R ( Slap L hand onto R foot )**

**4: Step R to R and sway to R ( Point L index finger diagonally upwards to L )**

**5: Sway L ( Place L hand on L waist , point R index finger diagonally upwards to R )**

**6: Sit on R ( Place R hand on R waist , Point L index finger to L side )**

**7,8: Push hip upwards to L , push hip downwards to R ( sit )**

**(3) Step L To L With Hips Sway , Hitch R And Slap**

**1: L to L with hip sway to L ( Place R hand straight at chest level with palm facing downwards , swing L hand above L shoulder with palm facing downwards )**

**2: Sway hip to R ( Swing L hand in a circular mode to the front and above R hand with palm facing upwards )**

**3: Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )**

**4: Sway hip to R ( Swing L hand in a circular mode to the front and below R hand with palm facing upwards )**

**5: Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )**

**6: Sway hip to R ( Swing L hand in a circular mode to the front and above R hand with palm facing upwards )**

**7: Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )**

**8: Hitch R ( Place R hand on L waist and slap L hand on to R foot )**

**(4) Step R To R With Hip Sway , Sway L, Recover R And Hitch L , Step L To L With Hip Sway , Sway R , Sit ON L , Hip Bumps**

**1: Step R to R and sway to R ( Point L index finger diagonally upwards to L )**

**2: Sway L ( Place L hand on L waist , point R index finger diagonally upwards to R )**

**3: Recover R hitch L ( Slap R hand onto L foot )**

**4: Step L to L and sway to L ( Point R index finger diagonally upwards to R )**

**5: Sway R ( Place R hand on R waist , point L index finger diagonally upwards to L )**

**6: Sit on L ( Place L hand on L waist , Point R index finger to R side )**

**7,8: Push hip upwards to R , push hip downwards to L ( sit )**

### **PART A (64 COUNTS)**

#### **(1) Grapevine R , Touch , Grapevine L , 1/4 Left Turn , Touch**

**1,2,3,4-** Step R to right, cross L behind right, step R to right, touch L next to right.

**5,6,7,8-** Step L to left, cross R behind left, 1/4 left touch R next to left.(9:00)

#### **(2) Rolling Vine R , Touch , Clap , 1/4 Left Rolling Vine**

**1,2,3,4 - 1/4 turn right step R forward, 1/2 right step L back, 1/4 turn right step R to right side, touch L toe to left.(clap hands).(9:00)**

**5,6,7,8- 1/4 turn left step L forward, 1/2 turn left step back on R, 1/4 turn left step L to left side, 1/4 turn left step forward on R.(6:00)**

#### **(3) Jazz Box , 1/4 Left Turn Jazz Box**

**1,2,3,4-** Cross L over right, step R to back right, step L to left side, cross R over left.

**5,6,7,8-** Cross L over right, 1/4 L turn step R to back right , step L to left side, step R next to left.  
(3:00)

#### **(4) L Gallop X4 , R Gallop X3 , 1/4 Left Turn**

**1&2&3&4-** Both feet together, hop to L 4 times.

**5&6&7,8-** Both feet together, hop to R 3 times, Step forward L 1/4 turn. (12:00)

#### **(5) Forward R , Hitch , Step Back , Forward R , Hitch , 1/4 Turn**

**1,2,3,4-** Step R forward, hitch L, touch L back, pushing hip back.(sit)

**5,6,7,8-** Step R forward, hitch L, touch L back, 1/4 left turn step L to left side R to right side. (weight on L). (9:00)

#### **(6) Out , Out , In , In , paddle 1/4 Left turn , swivel**

**1,2,3,4-** Step R out, step L out, step R back, step L beside right.

**5,6,7,8-** Step R forward 1/4 left turn, step R beside L, swivel both heel out, out together. (6:00)

#### **(7) Forward R , Hitch , Step Back , Forward R , Hitch , 1/4 Turn**

**1,2,3, 4-** Step R forward, hitch L, touch L back, pushing hip back.(sit)

**5,6,7,8-** Step R forward, hitch L, touch L back, 1/4 left turn step L to left side R to right side. (weight on L).(3:00)

#### **(8) Out , out , in , in , touch back , 1/4 Left turn , body roll.**

**1,2,3,4-** Step R out, step L out, step R back, touch L back.

**5&6,7&8-** 1/4 left turn step L with body roll, step R beside L, touch L, step L with body roll, step R beside L, step L to left. (12:00)

### **PART B (32 COUNTS)**

#### **(1) Step R L , Step R L R , Forward Mambo , 1/4 Turn Left Mambo**

**1,2,3&4** Step R, Step L, step R,L,R, (shoulder pop R L R L R)

**5&6** Rock L forward, Recover onto R, step L back.

**7&8** 1/4 L turn by stepping R to R, recover on L, step R next L.(9:00)

#### **(2) Forward Mambo , R Mambo , L Mambo , 1/4 Pivot Turn Left**

**1&2** Rock L forward, Recover onto R, step L back.

**3&4** Rock R to right, Recover onto L, step R beside L.

**5&6** Rock L to left, Recover onto R, step L beside R.

**7,8** Step R forward, 1/4 pivot turn left .(6:00)

**(3)&(4) Repeat (1)(3:00) & (2)(12:00)**

**TAG 1 (4 COUNTS)**

**(1) Finger Points**

**After end of Part C, Points R index upwards in 4 counts.**

**(Ending do Tag 1 + Push Hip to right, Point L Upwards Pose)**

**TAG (2) (32 COUNTS)**

**(1) Finger Points**

- 1&2 -** Roll Hand down to R hip, Point L index finger diagonally upwards to L. (place R hand on R waist)
- 3&4 -** Roll Hand down to R hip, Point L index finger diagonally upwards to L. (place R hand on R waist)
- 5,6 -** Point R index finger to diagonally upwards to R. (place L hand on L waist), Point R index finger downwards to L hip. (place L hand on L waist).
- 7,8 -** Point R index finger to diagonally upwards to R. (place L hand on L waist), Point R index finger downwards to L hip. (place L hand on L waist).

**(2) Finger Points**

- 1&2 -** Roll Hand down to L hip, Point R index finger diagonally upwards to R. (place L hand on L waist)
- 3&4 -** Roll Hand down to L hip, Point R index finger diagonally upwards to R. (place L hand on L waist)
- 5,6 -** Point L index finger to diagonally upwards to L. (place R hand on R waist), Point L index finger downwards to R hip. (place R hand on R waist).
- 7,8 -** Point L index finger to diagonally upwards to L. (place R hand on R waist), Point L index finger downwards to R hip. (place R hand on R waist).

**(3) Forward Touch , Side , Cross Behind , Step Together , Cross Front**

- 1,2,3&4 -** Touch R forward, Touch R to right, Cross R behind L, L step together R, R cross over L.
- 5,6,7&8 -** Touch L forward, Touch L to left , Cross L behind R, R step together L, L cross over R.

#### **(4) Out , Out , In , In**

**1,2,3,4** - Step R Out ,hold , Step L out, hold

**5,6,7,8** - Step R In ,hold , Step L in, hold (step together)

#### **HAPPY DANCING**

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