

SETTLIN

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Count: 32 **Wall:** 4 **Level:** Beginner/Intermediate level

Choreographer: Moses Bourassa Jr & Barbara Frechette (USA) Mar 07

Music: Settlin' by Sugarland

Start at Vocals Or Music: My Oh My by The Wreckers [177 bpm] [CD: Stand Still, Look Pretty]

SAILOR STEPS, STEP-LOCK, STEP-LOCK-STEP

- 1&2** Step left behind right, step right to right side, step left to left side
- 3&4** Step right behind left, step left to left side, step right to right side
- 5-6** Step forward on left, lock right behind left
- 7&8** Step forward on left, lock right behind left, step forward on left

STEP-½ TURN TO THE LEFT, STEP-LOCK-STEP, ROCK STEP, RECOVER, COASTER STEP

- 1&2** Step forward on right, step left making ½ turn to the left, step forward on right
- 3&4** Step left forward, lock right behind left, step left forward
- 5-6** Rock forward on right, recover on left
- 7&8** Step back on right, step back on left, step forward on right

ROCK-RECOVER-CROSSES, BACKWARD STEPS, COASTER STEP

- 1&2** Rock left to left side, recover on right, cross left over right
- 3&4** Rock right to right side, recover on left, cross right over left
- 5-6** Step back on left making ¼ turn to the right, step back on right
- 7&8** Step back on left, step back on right, step forward on left

FORWARD SHUFFLE, STEP-½ TURN TO THE RIGHT-STEP, ROCK STEP, RECOVER, COASTER STEP

- 1&2** Forward shuffle right, left right
- 3&4** Step forward on left, step right making ½ turn to the right, step forward on left
- 5-6** Rock forward on right, recover on left

7&8 Step back on right, step back on left, step forward on right REPEAT