

Seasons In The Sun (□□□□)

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Count: — **Wall:** 4 **Level:** Intermediate

Choreographer: Cato Larsen , NO (July 10)

Music: Seasons In The Sun by Terry Jacks (CD: 99bpm)

□□□ **Intro: Start**

the dance on the word "Friend" in the intro. (8 seconds).

Part A: The main dance. A□□

□□□

Left Mambo Step Forward, Right Mambo

Step Back, Side Rock & Cross, 1/4 Monterey

>Monterey

>MontereyMonterey

>Monterey

>

Turn. □□□ , □□□ , □□□ □□

□□ , □□

□ 1/4

1&2

Step forward on left (1), Rock (recover) weight back again onto right

(&), Step back on left (2). [12:00]

□□□□ , □□□□ , □□□□ (□□ 12□□)

3&4

Step back on right (3), Rock (recover) weight forward again onto left (&),

Step forward on right (4). □□□□ , □□□□ , □□□□

5&

Step left to left side (5), Rock (recover) weight back again onto right

(&). □□□□ , □□□□

6

Cross left over right (6). □□□□□□□□

7,8

Point right toe to right side (7), Pivot ¼ turn right Stepping left next

to right (8). [3:00] □□□□□□ , □□□ 90□□□□□□ (□□ 3□□)

□□□

Side Rock & Cross, 1/4 Pivot Turn

Twice, Cross, Side Rock, Cross, Side Rock (Bota Fogas). □□□□ , 1/4 1/4, □□□□ , □□□□

1&

Step left to left side (1), Rock (recover) weight back again onto right

(&). □□□□ , □□□□

2

Cross left over right (2) □□□□□□□□

3

Pivot ¼ turn left Stepping back on right (3). [12:00]

□□□ 90□□□□□□ (□□ 12□□)

4

Pivot ¼ turn left Stepping left to left side (4). [9:00]

□□ 90□□□□ (□□ 9□□)

5&6

Cross right over left (5), Step left to left side (&), Rock

(recover) weight back again onto right (6).

□□□□□□□□ , □□□□ , □□□□

7&8

Cross left over right (7), Step right to right side (&), Rock (recover)

weight onto left (8). □□□□□□□□ , □□□□ , □□□□

□□□

Cross, Back, Side Shuffle, Cross,

Side Rock, Cross.

□□ □ , □□□ , □□ , □□□ □□ , □□

1,2

Cross right over left (1), Step back on left (2).

□□□□□□□□ , □□□□

3&4

Step right to right side (3), Step left next to right (&), Step

right to right side (4). □□□□ , □□□□ , □□□□

5

Cross left over right (5). □□□□□□□□

6,7

Step right to right side (6), Rock (recover) weight back again onto left

(7). □□□ , □□□

8

Cross right over left (8). □□□□□□□□

□□

Side, Touch, Side, Touch, Side

Shuffle, Point Back, 1/2 Turn Unwind.

□□ , □□ , □□ , □□ , □□□ , □□ , □ 1/2

1,2

Step left to left side (1), Touch right toe across in front of left (2).

□□□□ , □□□□□□□□

3,4

Step right to right side (3), Touch left toe across in front of right

(4). □□□□ , □□□□□□□□

5&6

Step left to left side (5), Step right next to left (&), Step left

to left side (6). □□□□ , □□□□ , □□□□

7,8

Point right toe back (7), Unwind 1/2 turn right Stepping down on right

(8). [3:00] □□□□ , □□ 180□□□□
Part B: The Seasons In The Sun part. B□□ , □□

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Walk Forward, Mambo Step, ½ Pivot Turn, Step, ½ Turn,

Contra ½ Swivel Turn. □ , □□□ , □

□ □ □

1,2

Step forward on left (1), Step forward on right (2). [6:00]

□□□□ , □□□□ (□□ 6□□)

3&4

Step forward on left (3), Rock (recover) weight back again onto right

(&), Step back on left (4).

□□□□ , □□□□ , □□□□

5

Pivot ½ turn right Stepping forward on right (5). [12:00]

□□□ 180□□□□□ (□□ 12□□)

6,7

Step forward on left (6), Pivot ½ turn right (7). [6:00]

□□□□ , □□□□ 180□ (□□ 6□□)

8

Pivot ½ turn right (contra) Stepping forward on left (8). [12:00]

□□□□ 180□□□□□ (□□ 12□□)

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Walk Forward, Mambo Step, ½ Pivot Turn, Step, ½ Turn,

Contra 1/2 Swivel Turn. □□ , □□□ , 1/2,

mso-font-kerning:0pt">□ □

mso-font-kerning:0pt">, □□ 1/2

1,2

Step forward on right (1), Step forward on left (2).

□□□□ , □□□□

3&4

Step forward on right (3), Rock (recover) weight back again onto left

(&), Step back on right (4). □□□□ , □□□□ , □□□□

5

Pivot 1/2 turn left Stepping forward on left (5). [6:00]

□□□ 180□□□□□ (□□ 6□□)

6,7

Step forward on right (6), Pivot 1/2 turn left (7). [12:00]

□□□□ , □□□ 180□ (□□ 12□□)

8

Pivot 1/2 turn left (contra) Stepping forward on right (8). [6:00]

□□□ 180□□□□□ (□□ 6□□)

Part C: C□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Walk Around Full Turn Over 6 Counts. 6□□□□□

1-6

Walk around a full turn in a circle.

□ 6□□□

TAG: To be danced after wall 2 & □□□□□□□□

1,2

Step left to left side and Sway hips left (1), Sway hips right (2).

□□□□□□ , □□