

# Heng Ong Huat

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**Count:** 144

**Wall:** 1

**Level:** Phrased Intermediate Sportive

**Choreographer:** Yeoh Soo Choon & Jenny Lin Hui Chin, Penang, Malaysia - Feb 2015

**Music:** Prosperity of Allegiance by Lee Seung ( ㊦ ㊦ ) by ㊦ ㊦ )

**Sequence : ( A - B - C - C - Tag 1 - D - Tag 2 - B ) x 2 , B - B - Ending Pose**

**Starts at once**

**Part A - 32 Counts**

**A1: ( Side Step L, Touch R, Side Step R, Touch L ) x 2**

1 -2 Step L to L, touch R beside L

3- 4 Step R to R, touch L beside R

5 -6 Repeat 1 - 2

7 -8 Repeat 3 - 4 ( 12.00 )

**( Hands styling : Hold fists, both hands move up & down at shoulder level Synchronize with feet movement )**

**A2: Heel Bounces / 4 cts L Sway, Heel Bounces/ 4 cts R Sway**

9 - 16 Step L to L & bounces both heels for 8 counts. ( 12.00 )

**( Hands styling : Draws figure of "8" from R to L with upper body Slightly sway to L & R i.e 4 cts to L & 4 cts to R )**

**A3: ( Side Step L, Touch R, Side Step R, Touch L ) x 2**

17 - 24 Repeat 1 - 8 ( 12.00 )

**A4: ( Side Step L, Touch R, Side Step R, Touch L ) x 2**

25 - 26 Step L to L, touch R beside

27 - 28 Step R to R, touch L beside R ( 12.00 )

**( Hands styling : Draw Figure of " S " with both hands at eyes level from R & tap both on thigh on count 28**

29 - 32 Repeat 25 - 28 ( 12.00 )

**Part B - 48 Counts**

### **B1: 3 R Hops, Tog, 3 L Hops, Tog**

- 1 - 2 - 3 Step R to diagonal forward R & hop 3 times with both hands spread Out. ( Figure "V" )  
4 Feet together & clap  
5 - 8 Repeat 1-2-3-4 on L ( Mirror Image ) 12.00

### **B2: 3 Hip Bumps, Hold, Toe Switches, Hold**

- 9 -10 -11 Step R slightly back to R & bump R hip 3 times. ( 12.00 )  
12 Hold ( Weight on R. )  
&13&14&15 Bring L beside R, touch R toe to R, step R beside L, touch L toe to L, step L beside R,  
16 touch R toe to R, Hold ( 12.00 )

**( Hands styling : Hold fists & swing both arms to LRL on count 13-14-15 )**

### **B3: 3 L Hop / Hitch R, Tog, 3 R Hop / Hitch L, Tog**

- 17 - 18 - 19 Hop on L 3 times

**Hand Styling : Arms on both sides, palm up, Raise & flick both hand from low to high**

- 20 Step R beside L. ( Both hands circle down to sides )  
21 - 24 Repeat 17-18 -19 - 20 on R ( Mirror Image ) 12.00

### **B4: Side Step R, Hold, Side Step L, Hold, Hitch R, Knee Arch, Side Step R**

- 25 - 26 Step R to R, Hold ( Bring R arm to shoulder height R, palm down, Look R  
27 - 28 Step L to L, Hold ( Facing 10.30, Pop R knee inward, weight on L )

**( Hand Styling : Hold both fists & bring both arms in front of chest )**

- 29 - 30 - 31 Hitch R knee toward L , use R knee to draw an arch from inner to outer on cts 30 & 31  
32 Step R to R ( 12.00 )

**( Hand Styling : Cross & stretch both arms up with opened palms on count 29 & circling down to both sides on count 30 -31 -32 )**

### **B5: Alternate R & L Punches, R Arm Lift, Alternate L & R Punches, L Arm Lift**

- 33&34 Feet apart, Punch RLR ( Bend Knees up & down during punches )  
35 - 36 Squat & knees up, lifting R arm from bottom to the top. ( 12.00 )  
37 - 40 Repeat 33 - 36 on L ( Mirror Image ) 12.00

## **B6: Throw, Hold, Hold, Hold, Diagonal R Kick, R Jazzbox Touch**

- 41 - 44** Feet apart, throw both arms to the air ( count 41) & hold for 3 cts
- 45** Slightly bend upper body to R, hop L & kick R to diagonal R with both arms throw to air
- 46 - 47 - 48** Cross R over L, step back on L, touch R beside L ( 12.00 )

## **Part C - 32 counts**

### **C1: Diagonal Forward R, Hitch L, Cross L, Brush R, Step Touch Step RLR, Step Touch Step LRL**

- 1 - 2** Step R to diagonal forward R, Hitch L knee & push R arm up ( 1.30 )
- 3 - 4** Cross L over to R, brush R beside L ( Squared to 12.00 on count 4)
- 5 & 6** Facing 10.30, Step R to R, touch L beside R, Step R in place

**( Hand Styling : Bend R elbow at shoulder level starting down-up-down )**

- 7 & 8** Facing 1.30, Step L to L, touch R beside L, Step L in place

**( Hand Styling : Bend L elbow at shoulder level starting down-up-down )**

### **C2: Back Step R, Sweep/Drag L, Back Step L, Touch R, Out, Out, Knee Pop RLR**

- 9 -10** Squared to 12.00, Big step back on R, Sweep / drag L towards R
- 11-12** Back step on L, touch R beside L
- 13-14** Step R to R, Step L to L
- 15 & 16** Pop knee RLR ( 12.00 )

**( Hand Styling : Push RLR arms up & down during knees pop. )**

### **C3: R Weave, Diagonal L Kick, L Weave, Diagonal R Kick**

- 17 -18 - 19** Step R to R, Cross L Over R, Step R to R
- 20** Swivel on ball of R, kick L to diagonal L ( 10.30 )
- 21 - 24** Repeat on L ( Mirror Image ) 1.30

### **C4: Step Touch Step RLR, Step Touch Step LRL, Stomp / Lunge R, 3 Heel Bounces**

- 25 & 26** Squared to 12.00, Step R to R, touch L beside R, Step R in place

**( Hand Styling : Swing R hand over head & L hand down to R thigh )**

- 27 & 28** Step L to L, touch R beside L, Step L in place ( 12.00 )

**( Hand Styling : Swing L hand over head & R hand down L thigh )**

29 Stomp & lunge R to diagonal R with both hands stretches to diagonal R

30 - 31 -32 Bounces R heel 3 times & bring both hands down ( 1.30 )

**Part D - 32 Counts**

**D1: Kick R, Back Step R, Kick L, Back Touch L, Knees Bend x 2**

1 Kick R to R ( Hand Styling : Push both hands up ) 12.00

2 Step R behind L ( Hand Styling : Close both palms on chest level )

3 Kick L to L ( Hand Styling : Push both hands up )

4 Touch L behind R ( Hand Styling : Close both palms on chest level )

5 - 6 Bend both knees up & down, weight on L

**( Hand Styling : Close both palms on chest level )**

7 - 8 Repeat 5 - 6 ( 12.00 )

**D2: Side Step R, Hold/Pose, Side Step L, Hold/Pose, Side Step R, 3 Hip Bumps**

9 -10 Step R to R, Hold ( Raise R hand & point R index finger to diagonal R )

11 - 12 Step L to L, Hold ( Bring R hand down to L & point R index finger to floor )

13 - 16 Step R to R, weight on R & bump hip 3 times

**( Hand styling : Raise R hand to chest level & draw R index finger from L to R during hip bumps )**

**D3: Diagonal Forward L, Hold, Forward Step R, Hold, L Rocking Chair**

17 - 18 Step L to L diagonal ( Dip Knees ), Hold ( 10.30 )

**( Makes "Heart Shape" in front with both thumbs & index fingers )**

19 - 20 Squared to 12.00, Step R forward, Hold. ( Place R palm onto L chest )

21 - 24L Rocking Chair LRLR ( Point R index finger to the sky ) 12.00

**D4: Sweep & Cross L, Back Step R, Side Step L, Hold, Knees Bend, R Arm Raise**

25 - 26 Sweep L from back to front & cross L over R, Step Back on R

27 - 28 Step L to L, Hold

29 Bend both knees ( R hand down, place L palm on the bend of R elbow )

**30 -31 -32** Stand up & raise R arm.

**Tag 1: 4 Counts**

**Out, Out, In , In**

**1 - 2** Step R to forward diagonal R, Step L to L

**3 - 4** Step R back to center, Step L beside R

**Tag 2: 4 Counts**

**1 - 4** Hops & hits R arm to the air 4 times

**Ending : You can use the last 4 cts of PART B to gather everyone to center & pose.**

**Enjoy & have fun !!!!**

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