

# LIVERPOOL FLING

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**Count:** —                      **Wall:** 4                      **Level:** advanced

**Choreographer:** Stephen Sunter

**Music:** One Night Stand by Mis-Teeq

**Sequence:** ABC, ABC, AA, B 16 Counts Only Tag, BB

## PART A

**WALK, WALK, HEEL, SLAP, HEEL, SLAP, STEP, STEP FORWARD, ½ TURN, STEP BACK**

- 1-2            Step forward right, step forward left
- 3&            Touch right heel forward, hitch right & slap knee with right hand
- 4&            Touch right heel forward, hitch right & slap knee with right hand
- 5-6            Step down on right, step forward left
- 7-8            Pivot ½ turn right keeping weight on left, step back on right

**TWIST HEELS ½ TURN, STEP BACK, POINT & BUMP, STEP FORWARD, SIDE STEP, POINT BEHIND, SIDE STEP**

- 9&10          Twist heels left, center, left making ½ turn right and keeping weight on left
- 11-12        Step back right, point back left and push left hip back
- 13-14        Step forward left, make ¼ turn left and step right-to-right side
- 15-16        Point left behind right, step left to side and slide right toward left

**KICK ACROSS, SIDE STEP, CROSS STEP LEFT, UNWIND ½ RIGHT, REPEAT**

- 17&18        Kick right in front of left, step right to side, cross step left over right
- 19&20        Bounce heels making ½ turn right and keeping weight mainly on left
- 21&22        Kick right in front of left, step right to side, cross step left over right
- 23&24        Bounce heels making ½ turn right and keeping weight mainly on left

**STEP BACK, CROSS STEP, SIDE STEP TWICE, STEP BACK, CROSS STEP, ¾ UNWIND, KICK BALL STEP**

- &25-26        Step back right, cross step left over right, step right to side
- &27-28        Step back left, cross step right over left, step left to side
- &29-30        Step back right, cross step left over right, turn ¾ right keeping weight left

**31&32** Kick right, step right next to left, step forward left

## **PART B**

### **STOMP, FLICK, STEP, MASH POTATO, STOMP, FLICK, STEP, MASH POTATO**

- 1&2** Stomp right heel next to left, flick right heel back and to the side, step right slightly forward
- &3** Split heels, bring heels together dragging right foot back
- &4** Split heels, bring heels together dragging left foot back (keep weight on right)
- 5&6** Stomp left heel next to right, flick left heel back and to the side, step left slightly forward
- &7** Split heels, bring heels together dragging left foot back
- &8** Split heels, bring heels together dragging right foot back (keep weight on right)

### **BACK ROCK, $\frac{3}{4}$ TURN, DIP DOWN, TOGETHER, SHOULDER MOVE, STEP FORWARD, $\frac{1}{2}$ PIVOT**

- 9-10** Rock back left, replace weight to right
- 11-12** Make  $\frac{3}{4}$  turn right on ball of right foot and step left next to right, large step right and crouch down
- 13** Drag and touch left next to right while standing
- &14** Lift right shoulder and lower left, lift left shoulder and lower right
- 15-16** Step forward left, pivot  $\frac{1}{2}$  right keeping weight back on left

### **STEP BACK, HAND, HIPS BUMPS, KICK, CROSS SHUFFLE**

- 17-18** Step back right, place right hand on right hip

**Alternatively you can just click your fingers**

- 19&20&21** Bump hips forward, back, forward, back, forward

**When bumping hips start standing and dip knees, and finish standing**

- 22-23&24** Kick left, cross-left over right, step back right, cross left over right

### **UNWIND $\frac{3}{4}$ , CROSS STEP, SIDE STEP, TOUCH BEHIND, $\frac{1}{4}$ TURN STEP, FULL TURN WITH TOUCH**

- 25-26** Unwind  $\frac{3}{4}$  right finishing with weight on right, cross step left over right
- 27-29** Step right, touch left behind right, make  $\frac{1}{4}$  turn left and step forward left

**&30&31&32** Make a full turn left, hitching right on the & counts and pointing on the whole counts

### **PART C**

#### **STOMP, FLICK, STEP, MASH POTATO, BACK OUT, OUT, CLAP**

- 1&2** Stomp right heel next to left, flick right heel back and to the side, step right slightly forward
- &3** Split heels, bring heels together dragging right foot back
- &4** Split heels, bring heels together dragging left foot back (keep weight on right)
- 5-6** Large step back left, drag right next to left
- &7-8** Step right slightly back and out, step left slightly to left, clap

### **TAG**

- 1-2** Sweep right leg and make a  $\frac{3}{4}$  turn right, step back right and pop left knee
- 3-4** Pop right knee, pop left knee

**Transfer weight to left ready to start Part B.**