

Ice Cream Freeze

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Count: 96 **Wall:** 1 **Level:** Newcomer / Novice Novelty

Choreographer: Jolanda Korpershoek (May 2014)

Music: Ice Cream Freeze - Hannah Montana

Intro: 32 counts - Sequence: A,B,C,D, A,B,C,D,D, B,C,D,D

Part A - 32 counts

DORITISTEP, DORITISTEP, KICK 3X STEP

1RF Step diagonal forward

2LF Cross behind RF

&RF Step forward

3LF Step diagonal forward

4RF Cross behind LF

&LF Step forward

5RF Kick forward

&RF Step next to LF

6LF Kick forward

&LF Step next to RF

7RF Kick forward

&RF Step next to LF

8LF Step to left side

SHUFFLE, SHUFFLE, TOUCH, TOUCH, STEP, 1/2 TURN, TOUCH.

1RF Step to the right

&LF Step next to RF

2RF Step to the right

3LV Step to the left

&RF Step next to LF

4LF Step to the left

5RF Touch with heel out knee in

&RF Step back in place

6LF Touch with heel out knee in

&LF Step back in place

7RF Step forward

&LF ½ turn left (weight on LF) 6.00

8RF Touch

DORITISTEP, DORITISTEP, KICK 3X STEP

1RF Step diagonal forward

2LF Cross behind RF

&RF Step forward

3LF Step diagonal forward

4RF Cross behind LF

&LF Step forward

5RF Kick forward

&RF Step next to LF

6LF Kick forward

&LF Step next to RF

7RF Kick forward

&RF Step next to LF

8LF Step to left side

SHUFFLE, SHUFFLE, TOUCH, TOUCH, STEP, 1/2 TURN, TOUCH.

1RF Step to the right

&LF Step next to RF

2RF Step to the right

3LV Step to the left

&RF Step next to LF

4LF Step to the left

5RF Touch with heel out knee in

&RF Step back in place

6LF Touch with heel out knee in

&LF Step back in place

7RF Step forward

&LF ½ turn left (weight on LF) 12.00

8RF Touch

Part B - 16 counts

SIDE CROSS SIDE TOUCH, TOUCH, HOOK, TOUCH, HOOK, TOUCH, HOOK, TOUCH, HITCH

1RF Step to the right

2LF Cross behind RF

3RF Step to the right

4LF Touch next to RF

5RF Touch heel forward

&LF Hook heel in frond of your knee

6RF Touch heel forward

&RF Hook left side up

7RF Touch heel forward

&RF Hook heel in frond of your knee

8RF Touch heel forward

&RF Hitch

SIDE CROSS SIDE TOUCH, TOUCH, HOOK, TOUCH, HOOK, TOUCH, HOOK, TOUCH, HITCH

1LF Step to the right

2RF Cross behind RF

3LF Step to the right

4RF Touch next to RF

5LF Touch heel forward

&RF Hook heel in frond of your knee

6LF Touch heel forward

&LF Hook left side up

7LF Touch heel forward

&LF Hook heel in frond of your knee

8LF Touch heel forward

&LF Hitch

Part C - 32 counts

POSE, HOLD, HANDS UP AND DOWN LF UP, SHAKE UPPER BODY LEAN BACK AND FORTH, JUMP.

1RF Step out to the right (Hands out to both sides)

- 2 Hold
- 3 Right hand up, left hand down, LF straight up
- 4 Lf back in place hands up with the palm to your head.
- 5&6 Shake upper body and lean a bit backward
- 7& Shake upper body and lean a bit forward
- 8 Jump both feet together

JUMP BEND KNEES, ROLL BODY FROM DOWN TO RIGHT SIDE UP, STEP, STEP, JUMP, HAND UP, PEDLE ¼ TURN PEDLE ¼ TURN

- 1 Jump both feet out bend knee
- &2 Roll your body from down by way of right side up

3LF step to the left

4RF Step to the right

- 5 Jump feet together
- 6 Hands up
- & Hands down

7RF Turn ¼ left touch to the right (hands up) 9.00

&RF Knee up (Hands down)

8RF Turn ¼ left touch to the right (hands up) 6.00

&RF Knee up (Hands down)

POSE, HOLD, HANDS UP AND DOWN LF UP, SHAKE UPPER BODY LEAN BACK AND FORTH, JUMP.

1RF Step out to the right (Hands out to both sides)

- 2 Hold
- 3 Right hand up, left hand down, LF straight up
- 4 Lf back in place hands up with the palm to your head.
- 5&6 Shake upper body and lean a bit backward
- 7& Shake upper body and lean a bit forward
- 8 Jump both feet together

JUMP BEND KNEES, ROLL BODY FROM DOWN TO RIGHT SIDE UP, STEP, STEP, JUMP, HAND UP, PEDLE $\frac{1}{4}$ turn, PEDLE $\frac{1}{4}$ turn

- 1 Jump both feet out bend knee
- &2 Roll your body from down by way of right side up

3LF step to the left

4RF Step to the right

- 5 Jump feet together
- 6 Hands up
- & Hands down

7RF Turn $\frac{1}{4}$ left touch to the right (hands up) 9.00

&RF Knee up (Hands down)

8RF Turn $\frac{1}{4}$ left touch to the right (hands up) 6.00

&RF Knee up (Hands down)

Part D - 16 counts

GRAPEVINE HEEL JACK RIGHT AND LEFT

1RF Step to the right

2LF Cross behind RF

&RF Step to the right

3LF Touch left heel forward

&LF Step behind RF

4RF Cross over LF

5LF Step to the right

6RF Cross behind RF

&LF Step to the left

7RF Touch right heel forward

&RF Step behind LF

8LF Cross over RF

**ROLL BODY FROM DOWN TO RIGHT SIDE UP, ROLL BODY FROM DOWN TO LEFT SIDE UP,
PIVITTURN 2X**

1RF Step to the right

& Roll your body from down by way of right side up

2LF Touch to left side

3LF Step to the left

& Roll your body from down by way of left side up

4RF Touch to right side

5RF Step forward

&½ turn left 6.00

6LF Stepforward

7RF Step forward

&½ turn left 12.00

8LF Stepforward

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