

BIRD IN A CAGE

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Count: — **Wall:** 4 **Level:** advanced

Choreographer: John H. Robinson

Music: Little Bird by Sherrié Austin

Sequence:The basic dance is **AB, AB, AA, AB, B**. If using the extended mix of the song, it's **ABC, AB, AA, AB, B, AB, BC**. Each time Sherrié begins the chorus ("Ooh, whatcha gonna do"), you do **Part B**. As for **Part C**, remember that in between each verse/chorus combination, you do something **Cool**

PART A

RIGHT SIDE SHUFFLE, ROCK, STEP, LEFT KICK-BALL-CROSS, STEP ¼ TURN LEFT, PIVOT ¼ TURN LEFT WITH RIGHT TOE POINT

- 1&2** Right step side right, left step next to right, right step side right
- 3-4** Left rock ball of foot behind right heel, right step in place
- 5&6** Left kick forward toward left angle, left step ball of foot next to right, right step across left
- 7-8** Left step into ¼ turn left, pivot ¼ left on ball of left with right toe point to right side

LEFT WEAVE, LEFT TOUCH, TURN LEFT KNEE IN, OUT-IN, LEFT HIP SHAKE

- 1&2** Right step behind left, left step side left, right step across left
- 3-4** Left toe touch side left about shoulder-width apart from right, left knee turn in toward right leg
- 5-6** Left knee turn out, left knee turn in
- 7-8** Bump hips left, bump hips right keeping weight on right

LEFT SIDE SHUFFLE, ROCK, STEP, RIGHT KICK-BALL-CROSS, RIGHT STEP, LEFT SLIDE

- 1&2** Left step side left, right step next to left, left step side left
- 3-4** Right rock ball of foot behind left heel, left step in place
- 5&6** Right kick forward toward right angle, right step back ball of foot, left step across right
- 7-8** Right large step side right, left slide next to right keeping weight on right

LEFT STOMP, HOLD, RIGHT STEP FORWARD, HOLD, SLOW 4-COUNT ½ PIVOT LEFT (WITH OPTIONAL HEEL BOUNCES)

- 1-2 Pivot ¼ turn left on ball of right with left stomp forward, hold
- 3-4 Right step forward, hold
- 5-8 Slowly pivot ½ left, ending with weight forward on left foot

Option: Bounce heels to floor 4 times while executing slow pivot turn on counts 5-8. Be sure to finish with weight forward on left foot

PART B

RIGHT HEEL GRIND, COASTER STEP, LEFT HEEL GRIND, COASTER STEP

- 1-2 Right heel touch forward with toe angled left, grind heel turning toe from left to right
- 3&4 Right step back on ball of foot, left step next to right on ball of foot, right step forward
- 5-6 Left heel touch forward with toe angled right, grind heel turning toe from right to left
- 7&8 Left step back on ball of foot, right step next to left on ball of foot, left step forward

WALK FORWARD 3 STEPS, LEFT SIDE POINT, STEP HOME, RIGHT SIDE POINT, TOUCH HOME, SIDE POINT

- 1-2 Right step forward, left step forward
- 3-4 Right step forward, left toe point side left
- 5-6 Left step next to right, right toe point side right
- 7-8 Right touch next to left, right toe point side right

Styling option: Swing arms down to right side and snap fingers on counts 6 and 8

RIGHT SIDE TOE STRUTS WITH FINGER SNAPS

- 1-2 Right step side right on ball of foot, drop right heel to floor with weight and snap fingers
- 3-4 Left step across right on ball of foot, drop left heel to floor with weight and snap fingers
- 5-6 Right step side right on ball of foot, drop right heel to floor with weight and snap fingers
- 7-8 Left step across right on ball of foot, drop left heel to floor with weight and snap fingers

SKIP BACK RIGHT-LEFT, RIGHT COASTER STEP, LEFT STEP FORWARD, PIVOT ½ RIGHT, LEFT STEP FORWARD, PIVOT ½ RIGHT TOUCHING RIGHT NEXT TO LEFT

- &1&2 Scoot back on left hitching right knee, right step back, scoot back on right hitching left knee, left step back
- 3&4 Right step back on ball of foot, left step next to right on ball of foot, right step forward

- 5-6 Left step forward, pivot $\frac{1}{2}$ turn right shifting weight forward to right foot
- 7-8 Left step forward, pivot $\frac{1}{2}$ turn right keeping weight on left and touching right foot next to left

"FLY AWAY" - 1 $\frac{1}{4}$ LEFT TURN HEEL PIVOTS WITH JAZZ HANDS

Styling: On the following 8 counts, raise arms, spread fingers of both hands and shake them gently

- 1-2 Right heel touch forward, pivot $\frac{1}{4}$ turn left keeping weight on left
- 3-4 Right heel touch forward, pivot $\frac{1}{4}$ turn left keeping weight on left
- 5-6 Right heel touch forward, pivot $\frac{1}{4}$ turn left keeping weight on left
- 7-8 Right heel touch forward, pivot $\frac{1}{2}$ turn left keeping weight on left

PART C

ANGLED STEP TOUCHES WITH CLAPS, TRAVELING FORWARD

- 1-2 Right step forward diagonally right, left touch next to right and clap hands
- 3-4 Left step forward diagonally left, right touch next to left and clap hands
- 5-6 Right step forward diagonally right, left touch next to right and clap hands
- 7-8 Left step forward diagonally left, right touch next to left and clap hands

ANGLED STEP TOUCHES WITH CLAPS, TRAVELING BACK

- 1-2 Right step back diagonally right, left touch next to right and clap hands
- 3-4 Left step back diagonally left, right touch next to left and clap hands
- 5-6 Right step back diagonally right, left touch next to right and clap hands
- 7-8 Left step back diagonally left, right touch next to left and clap hands