

LOVE AND RESPECT

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Mark & Jan Caley

Music: "Love and Respect by D.J. of the Night (100BPM) (Playa Total 2 - CD ref CD2137)

RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/2 LEFT

- 1-2** Step right to side, left beside right with Cuban Hips
- 3&4** Step right & step left, step right
- 5&6&** Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight on Right
- 7&8** Cross left over right, recover weight on right foot, Turn 1/2 Left stepping on Left

(you will end up at 6.00 clock wall facing diagonally Right)

RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/4 LEFT

- 1-2** Step right to side, left beside right with Cuban Hips
- 3&4** Step right & step left, step right
- 5&6&** Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight on Right
- 7&8** Cross left over right, recover weight on right foot, Turn 1/4 Left stepping on Left

(you will end up at 3.00 clock wall)

WALK FORWARD RIGHT, LEFT, RIGHT MAMBO, ANGLED TRIPLES BACKWARDS

- 1-2** Walk forward Right, Left
- 3&4** Rock forward on Right, Recover weight to Left, Step back on Right
- 5&6** Left Triple back Stepping Left, Right Left (Turn Body slightly to face Left as you Lt Triple back)
- 7&8** Right Triple back stepping Right, Left, Right (Turn Body slightly to face Rt as you Rt Triple back)

LEFT SHUFFLE 1/2 TURN, STEP RT OUT, LEFT OUT, RT COASTER, MAMBO 1/2 RT

- 1&2** Left Shuffle making 1/2 Turn Left stepping Left, Right, Left (9.00)
- 3** Step Right diagonally forward (Turn Right Knee out as you step on Right)

- 4** Step Left diagonally forward (Turn Left Knee out as you step on Left)
- 5&6** Step back on Right, Step Left beside Right, Step Right Forward
- 7&8** Rock forward on Left, Recover weight on to Right, Make 1/2 Turn Left stepping on Left
(3.00)

REPEAT

Dance Alternative floor Splits

**The Dance also fits these dances - Not like That (Ashley Tisdale) - Isle of Paradise
(Blue lagoon)**

or Lamtarra Rumba