

# LOLA LOLA

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**Count:** 64

**Wall:** 2

**Level:** Intermediate level

**Choreographer:** Chad Manson

**Music:** Lola, Lola by Ricky Martin

## **32 counts intro, start on vocals FORWARD MAMBO, BACK MAMBO 1/4R TWIST, CROSS SHUFFLE, 1/2 L TWIST CROSS SHUFFLE**

- 1&2** Rock right forward, recover onto left, step right beside left
- 3&4** Rock left back, recover onto right, step left beside right
- 5&6** While making a 1/4 turn to right, cross right over left, step left to left, cross right over left
- &7&8** Twist 1/2 left, cross left over right, step right to right, cross left over right

## **RIGHT HEEL & TOE, DIAGONAL SHUFFLE, LEFT HEEL & TOE, DIAGONAL SHUFFLE**

- 1&** Dig right heel diagonally forward right, recover back onto left
- 2&** Step diagonally back on ball of right, recover forward onto left
- 3&4** Step forward right diagonally, step left beside right, step forward right diagonally
- 5-8** Repeat on left foot

## **FORWARD SAMBA, 1/4 R BACK SAMBA, FORWARD SAMBA, 1/4 R BACK SAMBA**

- 1&2** Step right forward, step left beside right, step right in place
- 3&4** Step left back, step right beside left, making 1/4 turn right, step left in place
- 5&6** Step right forward, step left beside right, step right in place
- 7&8** Step left back, step right beside left, making 1/4 turn right step left in place

## **FULL RIGHT SPOT VOLTA TURN, 3/4 LEFT SPOT VOLTA TURN**

- 1&** Execute 1/4 turn right and step right forward, step onto ball of left in place
- 2&** Execute 1/4 turn right and step right forward, step onto ball of left in place
- 3&** Execute 1/4 turn right and step right forward, step onto ball of left in place
- 4** Execute 1/4 turn and step on right
- 5&** Execute 1/4 turn left and step left forward, step onto ball of right in place
- 6&** Execute 1/4 turn left and step left forward, step onto ball of right in place
- 7&** Execute 1/4 turn left and step left forward, step onto ball of right in place

8 Step left forward

### **SAMBA WHISK, 3/4 RIGHT CURVATURE TRAVELING VOLTAS**

182 Step right to right, step left behind right, step right in place

3&4 Step left to left, step right behind left, step left in place

5&6& Cross right over left, step left to left, Cross right over left, step left to left

7&8 Cross right over left, step left to left, Cross right over left

### **SAMBA WHISK, 3/4 LEFT CURVATURE TRAVELING VOLTAS**

1&2 Step left to left, step right behind left, step left in place

3&4 Step right to right, step left behind right, step right in place

5&6& Cross left over right, step right to right, Cross left over right, step right to right

7&8 Cross left over right, step right to right, Cross left over right

### **1/4R OUT OUT, HIP BOUNCES, FLICK, WEAVE TO LEFT, 1/4 L FORWARD**

1-2 Making 1/4 turn right step right forward diagonally, step left forward diagonally

&3&4 Raise right hip up, return to left, Raise right hip up, return to left (weight on left during bumps)

& Small flick right to right

5&6& Cross right behind left, step left to left, cross right over left, step left to left

7&8 Cross right behind left, making 1/4 turn left step left forward, step right forward

### **4-COUNTS SAMBA ROLL, SYNCOPATED FORWARD, SHUFFLE**

1-2&3 Stepping left, right, left, right, left, right commence a full turn left with body roll traveling

**4& forward (samba roll) Alternate steps: Do a 4 count full turn left traveling forward. Step left (1), right (2), left (3), right (4) on each individual count**

5&6& Step left forward, lock right behind left, Step left forward, lock right behind left,

**7&8 Step left forward, lock right behind left, Step left forward START DANCE AGAIN**

**RESTART: On wall 2, dance to count 48, then restart dance.**