

# HIGHWAY OF LIFE

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**Count:** 32

**Wall:** 2

**Level:** Beginner/Intermediate level

**Choreographer:** Letha Blackford

**Music:** Life Is A Highway by Rascal Flatts

## HEEL, HITCH, HEEL, LEFT COASTER STEP, HEEL, HITCH, HEEL, RIGHT COASTER STEP

- 1&2** Touch left heel forward, hitch left knee, touch left heel forward
- 3&4** Step left foot back, step right foot back next to left, step left foot forward
- 5&6** Touch right heel forward, hitch right knee, touch right heel forward
- 7&8** Step right foot back, step left foot back next to left, step right foot forward

## LEFT SHUFFLE, RIGHT SHUFFLE, ½ TURN RIGHT, LEFT SHUFFLE

- 1&2** Step left foot forward, right together with left, step left foot forward
- 3&4** Step right foot forward, left together with right, step right foot forward
- 5-6** Step left foot forward, make ½ turn right (weight on right)
- 7&8** Step left foot forward, right together with left, step left foot forward

## ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR, STAMP, STAMP

- 1-2** Step right foot forward, make ¼ turn left (weight on left)
- 3&4** Step right foot behind left, left to left, right beside left
- 5&6** Step left foot behind right, right to right, left beside right
- 7-8** Stamp right foot twice (stomp right foot, raise right foot, stomp right foot, raise right foot)

## RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE, WALK BACK- RIGHT, LEFT, RIGHT, TOUCH RIGHT

- 1&2** Kick right foot forward, step right foot next to left, step left foot next to right 3&4 kick right foot forward, step right foot next to left, step left foot next to right
- 5-6** Walk back right, walk back left

## 7-8 Walk back right, touch left next to right REPEAT

### TAG: End of wall 7

- 1-2** Bump hips to the left

**3-4 Bump hips to the right** Email: [blackfordla@hotmail.com](mailto:blackfordla@hotmail.com)

