

# FEELING GOOD

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**Count:** 72      **Wall:** 4      **Level:** —

**Choreographer:** Su Marshall

**Music:** Feelin' Good About Feelin' Bad by Patty Loveless

## **SIDE, CROSS, BALL-CHANGE, CROSS, ¼ TURN & STRUT, STEP, ½ TURN**

- 1            Step left to side
- 2&3        Cross behind with right, step to left side, stamp right to side

**These last 1½ counts form a "ball-change"**

- 4            Cross behind with left

**&5-6¼ turn to the right & step forward on toes of right foot, step down on whole of right**

- 7-8        Step forward on left, ½ turn to the right on ball of right foot

## **ROLLING TURN, HOLD, HIP BUMPS FORWARD & BACK**

**1½ turn to the right & step back on left foot**

**2½ turn to the right & step forward on right foot**

- 3-4        Stamp left foot forward, hold
- 5-6-7-8    Rock hips forward and back, forward and back

## **¼ TURN & TOE STRUT RIGHT, LEFT (LOW), TOE STRUT RIGHT, LEFT (HIGH)**

**1-2¼ turn to the right & step forward on right toes, step down on whole of right foot**

- 3-4        Step forward on left toes, step down on whole of left foot

**Keep knees bent for all 4 counts**

- 5-6        Step forward on right toes, step down on whole of right foot
- 7-8        Step forward on left toes, step down on whole of left foot

**For these last 4 counts, straighten your knees. Click fingers on even counts**

## **EVEN-TIME COASTER, SCOOT, STEP, SLIDE CLOSE & STAMP**

- 1-2-3      Step back on right, close left to right, step forward on right
- 4            Hop forward on right (keeping close to ground - "scoot")

5 Step forward on left

**6-7(Using 2 counts) slide right foot up to left & lift right knee forward**

8 Stamp close

**HEEL, HEEL, SIDE, SIDE, STEP, CLOSE, HEAD TO RIGHT, HOLD**

1 Tap right heel forward

&2 Hop onto right foot & tap left heel forward

&3 Hop onto left foot & touch right toe to side

&4 Hop onto right foot & touch left toe to side

&5 Hop onto left foot & step forward on right

6 Close left to right

7-8 Turn head to face right side, hold

**CRAB WALK TO LEFT, CRAB WALK TO RIGHT**

**1(Moving to left, head still facing right) with weight on left toe right heel move left heel & right toe to left side**

2 Transfer weight to left heel & right toe, move left toe & right heel to left side

**3(Moving to right, head to front, upper body slowly leaning to left) with weight on left heel & right toe, move left toe & right heel to right side**

4 Transfer weight to left toe & right heel, move left heel & right toe to right side

5-6-7-8 Repeat previous counts 2 more times (so you've used 6 counts moving to right side)

**¼ TURN & STEP, ½ TURN, STEP, SCOOT, HOLD, BALL-CHANGE, CROSS**

**1¼ turn to the right & step forward on right**

2 Scuff left foot forward

**3½ turn to the right on ball of right foot (leaving left behind)**

4 Step forward on left

5-6 Scoot forward on left, hold

&7 Step down on right, step down on left

8 Cross right in front of left

## **UNWIND, HOLD, STAMP, STAMP, HOLD**

- 1-2 Unwind  $\frac{1}{2}$  turn to the left, hold
- &3 Stamp left close, stamp right to close
- 4 Hold

## **SIDE, CROSS, BALL-STAMP, CROSS, BALL-STAMP, CROSS, UNWIND $\frac{3}{4}$ , JUMP**

- 1-2 Step left to side, cross right foot behind
- &3 Step left to side, stamp right in place
- 4 Cross left foot behind
- &5 Step right to side, stamp left in place
- 6 Cross right foot behind
- 7 Unwind  $\frac{3}{4}$  turn to the right
- 8 Jump forward slightly on both feet

## **JUMP SIDE, KICK, CROSS, BALL-CHANGE WITH $\frac{1}{4}$ TURN**

- 1 Jump to left on left foot with right knee across left

### **2"Roll" right knee round to kick foot out to right side**

- 3 Cross right behind

### **&4 $\frac{1}{4}$ turn to the right & step onto left, step forward on right**

## **REPEAT**