

FOR ONCE IN MY LIFE

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate level

Choreographer: Michael Vera-Lobos (Syd) May 07

Music: For Once In My Life by Justin Guarini (Album: Session Tracks)

Start on Vocals 1 - 8 STEP FWD, COASTER FWD, ½ TURN L, STEP FWD & ½ PIVOT, ¼ STEP, SAILOR STEP

1,2&3,4 Step fwd L, Coaster fwd R Stepping Fwd on R & Step L beside R, Step back on R, turn ½ L on L (6:00)

5&6,7&8 Step fwd R & Pivot ½ L, Turn a further ¼ L Stepping R to R side, Cross L behind R & Step R to R, Replace Weight on L (9:00)

9 - 16 STEP BACK, ½ TURN L, SIDE ROCK & REPLACE, CROSS, ¼ R, COASTER BACK, ¼ R

1,2,3&4 Step back on R, Turn ½ L on L, Rock R to R & Replace wt on L, Cross R over L (3:00)

5,6&7,8 Turning ¼ R Step back on L, Coaster back on R Stepping back on R & Step L beside R, Step fwd on R (6:00), Turn a further ¼ R ending with L foot to L side (9:00)

17 - 24 BEHIND & SIDE, CROSS TOUCH, ½ UNWIND, BEHIND & SIDE, CROSS ROCK, ROCK BACK, FULL TRIPLE TURN L

1&2,3 Cross R behind L & Step L to L, Touch R over L (9:00) wt L, ½ Unwind L (End wt R facing 3:00)

4&5,6 Cross L behind R & Step R to R, Cross Rock L over R, Rock back on R (3:00)

7&8 Full triple L Stepping L,R,L (3:00)

25 - 32 SHUFFLE FWD, STEP FWD, ¼ PIVOT R, CROSS, ¼ L, TURN 1 ¼ L STEPPING L,R,L

1&2,3,4 Shuffle fwd R Stepping R,L,R, Step fwd L, Pivot ¼ R (End wt on R 6:00)

5,6,7&8 Cross L over R, Turn ¼ L Stepping back on R, Turning 1 ¼ L Triple turn stepping L,R,L

33 - 40 R DOROTHY, L DOROTHY, ROCK FWD, ROCK BACK, TOE BACK, ½ TOE PIVOT BACK R

1,2&3,4& Step Diagonal R fwd R, Lock L behind R & Step Diagonal R on R, Step Diagonal L on L, Lock R behind L & Step Diagonal L on L (12:00)

5,6,7,8 Rock fwd R, Rock back on L, Touch R toe back, Unwind $\frac{1}{2}$ R Keeping wt on L (End facing 6:00)

41 - 48 COASTER BACK R, STEP FWD, $\frac{1}{4}$ SWEEP L, CROSS & $\frac{1}{4}$ R, $\frac{1}{4}$ R, STEP SIDE, $\frac{1}{2}$ HINGE R

1&2,3,4 Step back R & Step L beside R, Step fwd on R, Step fwd L, Sweep R Turning $\frac{1}{4}$ L (3:00)

5&6,7,8 Cross R over L & Turn $\frac{1}{4}$ R on L, Turn a further $\frac{1}{4}$ R on R (9:00), Step L to L, Hinge $\frac{1}{2}$ R on R (3:00)

49 - 56 SHUFFLE FWD L, STEP FWD, $\frac{1}{2}$ PIVOT L, STEP FWD & TURN $\frac{1}{2}$ R, TURN $\frac{1}{4}$ R, SHUFFLE FWD L

1&2,3,4 Shuffle fwd L Stepping L,R,L, Step fwd R, Pivot $\frac{1}{2}$ L (End wt L facing 9:00)

5&6,7&8 Travelling fwd over R Turn $\frac{3}{4}$ R Stepping R,L,R, Shuffle fwd L Stepping L,R,L (6:00)

57 - 64 COASTER FWD, STEP BACK, $\frac{1}{2}$ STEP, STEP FWD, $\frac{1}{2}$ PIVOT, FULL TRIPLE TURN FWD R

1&2,3,4 Step fwd R & Step L beside R, Step back on R, Step back on L, Turn $\frac{1}{2}$ R Stepping onto R (12:00)

5&6,7&8 Step fwd L & Pivot $\frac{1}{2}$ R, Step fwd L, Full triple Spin fwd R Stepping, R,L,R (6:00)

Optional Shuffle

TAG: END OF WALL 2 ADD THE FOLLOWING

1,2,3&4 Rock fwd L, Rock back on R, Lock back on L Stepping L,R,L

5,6,7&8 Lock back on R Stepping R,L,R, Rock back on L, Rock fwd on R EMail / Website