

GOOD FOOT

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Count: 32 **Wall:** 2 **Level:** Intermediate level

Choreographer: John Buis (July 07)

Music: Good Foot by Justin Timberlake Featuring Timbaland [Shark Tale Soundtrack]

HEEL, STEP, HEEL, STEP, SKATES, HEEL, STEP, HEEL, STEP, SKATES

- 1& Touch right heel diagonally forward, step right together
- 2& Touch left heel diagonally forward, step left together
- 3&4 Skate Right, skate left, skate right
- 5& Touch left heel diagonally forward, step left together
- 6& Touch right heel diagonally forward, step right together
- 7&8 Skate left, skate right, skate left

BACK, BACK, BUMP BACK 2X, BACK, BACK, BUMP BACK 2X

- 1-2 Step right diagonally back, step left diagonally back
- 3&4 Touch right diagonally back and bump hips right, left, right
- 5-6 Step left diagonally back, step right diagonally back
- 7&8 Touch left diagonally back and bump hips left, right, left

ROLLING VINE - TOUCH, STEP - BODY ROLE 2X

- 1-2-3-4 Turn $\frac{1}{2}$ right and step right forward, turn $\frac{1}{2}$ right and step left back, turn $\frac{1}{4}$ right and step right to side, touch left together
- 5-6 Step left to side (body roll), right step together
- 7-8 Step left to side (body roll), right step together

BOUNCE STEP SIDE WITH HIP, TOGETHER, TURN $\frac{1}{2}$ RIGHT IN 2E POSITION - WIDE STEP SIDE, TOGETHER, KNEE POP'S RIGHT-LEFT-RIGHT-RIGHT

- 1&2 Rock left to side and bump hips left, recover to right, step left together
- 3-4 Turn $\frac{1}{2}$ right and step right to side, left step together
- 5&6& Swivel right knee to left (bounce down & up), step right in place and swivel left knee to right (bounce down & up)

7&8&Step left in place and swivel right knee to left (bounce down & up), step left in place and swivel right knee to left (bounce down & up) REPEAT

Alternative sexy moves for last 6 counts

- 3-4** Turn ½ right and step right to side, step left together
- 5** Go down knees closed
- 6** Come up from sit position (stretch your legs first, keep back stretched down forward)
- 7-8** Roll upper body slowly to an all standing position

TAG: Free style for 16 counts after walls 3 and 6