

Caught In The Act

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Ann Wood (UK) Feb 04 ???? , ??????

Music: Who's Been Sleeping In My Bed by Glenn Frey

 **Start on vocals** 



Right Kick Ball Cross X 2 Rock Rock

Sailor Step



 ,  

1 & 2

Kick Rt Foot Fwd Diagonally Rt, Step Rt Foot Down, Cross Step Left Foot


Over Right  ,  , 

3 & 4

Repeat Counts 1 & 2  **1&2** 

5 - 6

Rock Right Foot To Right Side, Recover Onto Left

 , 

7 & 8

Step Rt Foot Behind Lt, Step Lt Beside Rt, Step Rt Foot Beside Lt

 ,  , 



Left Kick Ball Cross X 2 Rock Rock

Sailor ¼ Turn

□□□□□□ , □□□□ 1/4□□□□

9 & 10

Kick Lt Foot Fwd Diagonally Lt, Step Lt Foot Down, Cross Step Right Foot

Over Left □□□□□□ , □□□ , □□□□□□□□

11 & 12

Repeat Counts 9 & 10 □□ 1&2 □□□

13 - 14

Rock Left To Left Side, Recover Onto Right Foot

□□□□ , □□□□

15 & 16

Step Lt Foot Behind Rt, Step Rt Foot Down Making 1/4 Turn Left ,Step Lt

Fwd □□□□□□ , □□ 90□□□□ , □□□□

□□□

Rock ,Rock ,Right Coaster Step, Rock

,Rock Triple 1/2 Turn To Left

□□□□ , □□□□ , □□□□ , □□□□ 1/2

17 - 18

Rock Forward On Right, Rock Back On Left

□□□□ , □□□□

19 & 20

Step Back On Right Step Left Beside Right Step, Step Forward On Right

□□□□ , □□□□ , □□□□

21 - 22

Rock Forward On Left, Rock Back On Right

□□□□ , □□□□

23 & 24

Shuffle ½ Turn Left Stepping Left, Right, Left (3 O'Clock)

□□ 180□□□□ -□ , □ , □ (3□□)

□□□

Syncopated Forward Rock Steps, Back

Left Shuffle, Rock Step

□□□□□□ , □□□□□ , □□□□

25 - 26

Rock Forward On Right, Rock Back On Left

□□□□□ , □□□□□

& 27 - 28

Step Right Quickly Beside Left Rock Forward On Left Rock Back On Right

□□□□□□ , □□□□□□ , □□□□□□

29 & 30

Shuffle Back Stepping Left, Right, Left

□□□□ -□ , □ , □

31 - 32

Rock Back On Right, Rock Forward On Left

□□□□□ , □□□□□

mso-font-kerning:0pt">□□□

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mso-font-kerning:0pt">Rt And Lt Touch Holds, Rt & Lt Heel Switches, Step

Fwd, ¼ Pivot Turn Left □ &

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33 - 34

Touch Rt To Rt Side, Hold One Count

□□□□ , □

&35 - 36

Step Rt Down, Touch Lt To Lt Side, Hold For One Count

□□□ , □□□□ , □

& 37 & 38

Step Lt Down, Touch Rt Heel Fwd, Step Right Down, Touch Lt Heel Fwd

□□□ , □□□□□ , □□□ , □□□□□

&39 - 40

Step Lt Down , Step Right Fwd Make ¼ Pivot Turn Left. (12 O' Clock)

□□□ , □□ 90□□□□□ (12□□)

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mso-font-kerning:0pt">Cross Shuffle, Hinge Turn To Rt, Cross Rock ,Side

Shuffle

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41 & 42

Cross Rt Over Left, Step Lt To Left, Cross Rt Over Left

□□□□□□□□ , □□□□ , □□□□□□□□

43 - 44

Make ¼ Turn Rt Stepping On Lt, Make 1/4 Turn Right Steppingrt Beside

Lt □□ 90□□□□ , □□ 90□□□□

45 - 46

Cross Rock Left Over Rt Recover Onto Rt

□□□□□□□□ , □□□□

47 & 48

Side Shuffle To Left Stepping Lt, Rt, Lt

□□□□ -□ , □ , □

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mso-font-kerining:0pt">

mso-font-kerining:0pt">Cross Touch, Slow Heel Jacks □□□ , □□□□

49-50 &

Cross Step Rt Over Lt Touch Lt Toe To Rt Heel Step Lt Down

□□□□□□□□ , □□□□□□□□ , □□□

51 - 52

Touch Rt Heel Diagonally Fwd, Hold

□□□□□□ , □

& 53 - 54

Step Down On Rt, Cross Lt Over Rt, Hold

□□□ , □□□□□□□□ , □

& 55 - 56

Step Down On Rt, Touch Lt Heel Diagonally Forward, Hold

□□□ , □□□□□□□□ , □

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mso-font-kerning:0pt">Cross, ¼ Turn Rt, Coaster Step, Walk,Walk, Shuffle

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mso-font-kerning:0pt">, □□ 1/4,

mso-font-kerning:0pt">□□□

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&57 - 58

Step Lt Down, Cross Step Rt Over Lt, Make ¼ Turn Rt Stepping Back On

Lt □□□ , □□□□□□□□ , □□ 90□□□□

59 & 60

Step Rt Back , Step Lt Beside Rt, Step Fwd Rt

□□□□ , □□□□ , □□□□

61 - 62

Walk Forward Stepping Lt, Rt □□□□ -□ , □

63 - 64

Shuffle fwd lt, rt, lt □□□□ -□ , □ , □

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=10717