

LORD OF PAIN

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Beginner level

Choreographer: Frida Axelsson (Sweden) Aug 07

Music: Better Man by Robbie Williams (CD: Sing When You're Winning)

**16 count intro STEP LF SIDE LEFT, ROCK RF BACK, RECOVER, SHUFFLE SIDE RIGHT
TURN ¼ R, ROCK LF FWD, RECOVER, 1 ½ TURN L**

1 LF step left

2 RF rock back

3 LF recover

4 RF step right

& LF step beside RF

5 RF step right, turn ¼ right

6 LF rock forward

7 RF recover

8 LF step back, turn ½ left

& RF step forward, turn ½ left

1 LF step back, turn ½ left

**ROCK RF FWD, RECOVER, ¾ TURN L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER,
LEFT SHUFFLE TURN ½ L**

2 RF rock forward

3 LF recover

4 RF step back, turn ¼ left

& LF step side left, turn ¼ left

5 RF turn ¼ left, step side right

6 LF rock back

7 RF recover

8 LF step left, turn $\frac{1}{4}$ left

& RF step beside LF

1 LF step forward, turn $\frac{1}{4}$ left

STEP RF SIDE RIGHT, SWEEP LF TURN $\frac{1}{2}$ R, HITCH, CROSS, TWIST $\frac{1}{2}$ TURN R, TWIST $\frac{1}{4}$ TURN L, COASTER STEP

2 RF step right

3 LF sweep from left to right turning $\frac{1}{2}$ right

4 LF hitch

5 LF cross over RF

6 twist and turn $\frac{1}{2}$ right

7 twist and turn $\frac{1}{4}$ left, weight on RF

8 LF step back

& RF step beside LF

1 LF step forward

ROCKING CHAIR, STEP TURN $\frac{3}{4}$ L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER

2 RF rock forward

3 LF recover

4 RF rock back

5 LF recover

6 RF step forward, turn $\frac{1}{2}$ left

& LF step forward, turn $\frac{1}{4}$ left

7 RF step right

8 LF rock back

& RF recover

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=65504