

HEART TO HOLD

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate/advanced

Choreographer: Alan Birchall

Music: Ain't That A Lot Of Love by Tom Jones & Simply Red

HEEL SWITCHES & HOLDS

- 1&2** Touch right heel forward, step right by left, touch left heel forward
- &3** Step left by right, touch right heel forward
- 4** Hold
- &5&** Step right by left, touch left heel forward, step left by right
- 6&7** Touch right heel forward, step right by left, touch left heel forward
- 8** Hold

ROCK FORWARD, RECOVER, $\frac{3}{4}$ SHUFFLE TURN, LEFT SIDE SHUFFLE, CROSS UNWIND

- &9-10** Step left by right, rock forward on right, recover on left
- 11&12** Make $\frac{3}{4}$ shuffle turn over right shoulder (backwards), stepping right, left, right (weight ends on right)
- 13&14** Step left to left side, step right by left, step left, to left
- 15-16** Cross right behind left, unwind $\frac{1}{2}$ turn right

SYNCOPATED VINE, UNWIND $\frac{1}{2}$ TURN, HIP WALKS

- 17-18** Step left to left, cross right behind left
- &19-20** Step left to left, cross right over left, unwind $\frac{1}{2}$ turn left
- 21&22** Step forward on right while bumping hips right, left, right
- 23&24** Step forward on left while bumping hips, left, right, left

STEP $\frac{1}{2}$ PIVOT, TOUCH, TOUCH, $\frac{1}{2}$ PIVOT RIGHT, HOLD, FULL TURN RIGHT

- 25-26** Step forward on right, make $\frac{1}{2}$ pivot turn left
- 27-28** Touch right toe forward, touch right toe back
- 29-30** On ball of left foot make $\frac{1}{2}$ pivot turn right (weight transfers to right), hold
- 31** On ball of right make $\frac{1}{2}$ pivot turn right, while stepping on to left
- 32** On ball of left make $\frac{1}{2}$ pivot turn right, while stepping on to right

ROCK, RECOVER, COASTER STEP, STEP ½ PIVOT, TOUCH, TOUCH

- 33-34** Rock forward on left, recover on right
- 35&36** Step back on left, step right beside left, step forward on left
- 37-38** Step forward on right, make ½ pivot left
- 39-40** Touch right toe forward, touch right toe back

½ RIGHT, HOLD, FULL TURN, ROCK RECOVER, COASTER STEP

- 41-42** On ball of left foot make ½ pivot turn right (weight transfers to right), hold
- 43** On ball of right make ½ pivot turn right, while stepping on to left
- 44** On ball of left make ½ pivot turn right, while stepping on to right
- 45-46** Rock forward on left, recover on right
- 47&48** Step back on left, step right beside left, step forward on left

REPEAT

OPTIONAL: INTRO STARTING ON MUSIC (USED ONLY WITH THE SIMPLY RED TRACK)

HEEL SWITCH'S & HOLDS

- 1&2** Touch right heel forward, step right by left, touch left heel forward
- &3** Step left by right, touch right heel forward
- 4** Hold
- &5&** Step right by left, touch left heel forward, step left by right
- 6&7** Touch right heel forward, step right by left, touch left heel forward
- 8** Hold

ROCK FORWARD, RECOVER, ¾ SHUFFLE TURN, LEFT SIDE SHUFFLE, CROSS UNWIND

- &9-10** Step left by right, rock forward on right, recover on left
- 11&12** Make ¾ shuffle turn over right shoulder (backwards), stepping right, left, right (weight ends in right)
- 13&14** Step left to left side, step right by left, step left, to left
- 15-16** Cross right behind left, unwind ½ turn right

SYNCOPATED VINE, UNWIND ½ TURN, HIP WALKS

- 17-18** Step left to left, cross right behind left

- &19-20** Step left to left, cross right over left, unwind ½ turn left
- 21&22** Step forward on right while bumping hips right, left, right
- 23&24** Step forward on left while bumping hips, left, right, left

HIP WALKS, STEP ½ PIVOT, STOMP, STOMP

- 25&26** Step forward on right while bumping hips right, left, right
- 27&28** Step forward on left while bumping hips, left, right, left
- 29-30** Step forward on right, make ½ pivot turn left
- 31-32** Stomp right in place, stomp left in place

START MAIN DANCE