

CHAINED

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: John Dembiec

Music: Chains by Tina Arena

TOE TOUCHES WITH HIP BUMPS, TOE TAP, STEP, 360 COASTER STEP

- 1-2 Point right toe to right side and bump hip at same time, step right forward
- 3-4 Point left toe to left side and bump hip at same time, step left forward
- 5-6 Tap right toe behind left, step right back
- 7&8 Step left back $\frac{1}{2}$ turn left, step right back $\frac{1}{2}$ turn left, step left forward

SHUFFLE, STEP, PIVOT, CROSSING WALKS

- 1&2 Shuffle forward right, left, right
- 3-4 Step left forward, pivot $\frac{1}{2}$ right
- 5-6 Step left forward and across right, step right forward and across left
- 7-8 Repeat 5-6

TOE HEEL STRUTS, MONTEREY TURN

- 1-2 Touch left toe to left, press left heel down
- 3-4 Touch right toe across left, press right heel down
- 5-6 Point left toe to left, turn $\frac{1}{2}$ to left
- 7-8 Point right toe to right, step right next to left

STEP, DRAG, TOUCH, ROCK STEP, $\frac{1}{2}$ TURN SWEEP, $\frac{1}{4}$ TURN SWEEP

- 1-2 Step left to left, drag right next to left and touch
- 3-4 Rock back on right, replace to left
- 5-6 Sweep right $\frac{1}{2}$ turn to left, step right down
- 7-8 Sweep left $\frac{1}{4}$ turn to right, step left down

REPEAT