

# BORN TO ROCK

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**Count:** —                      **Wall:** —                      **Level:** Phrased Intermediate

**Choreographer:** Leong Mei Ling

**Music:** C'mon Everybody by Elvis Presley

**Intro: Starts after 8 counts at vocals.**

**Sequence: A, A, B, A, B, A, 16cts ending**

**(Note: For the 2nd and 4th eight (section) of A, the dancer is required to dance following the lyrics of the song.**

**For example: During the 1st rotation of A, Elvis sings 'Snap Your Fingers' and then later 'Clap Your Hands'. So**

**A1 - Snap Fingers & Clap Hands refers to that.**

**Refer to end of page for steps to the 2nd and 3rd rotation of A:**

**A2 - Bump Hips & Stomp Feet; A3 - Head Turns to the Left & Right)**

**\*\*It's really a very simple dance although the stepsheet may look otherwise :-) \*\***

## **SECTION A**

### **WALK FORWARD WITH HAND SLAPS**

**1-4**              Walk forward R, slap hands on hips, walk forward L, slap hands on upper thighs

**5-8**              Repeat 1-4

### **\*SNAP FINGERS**

#### **A1**

- 1**              Step R to right side
- 2-3**            Snap fingers right (head level), hold
- 4-5**            Snap fingers left (head level), hold
- 6-7**            Snap fingers right (hip level), hold
- 8**              Snap fingers left, hip level

### **WALK BACK WITH HAND SLAPS**

1-4 Step back R, slap upper thighs, Step back L, slap upper thighs

5-8 Repeat 1-4

### **\*CLAP HANDS**

#### **A1**

1 Step R to right side

2-3 Clap hands right (head level), hold

4-5 Clap hands left (head level), hold

6-7 Clap hands right (hip level), hold

8 Clap hands left, hip level

### **TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK**

1-4 Touch R toe to right, Step R foot down; Step L behind R, recover weight to R

5-8 Touch L toe to left, Step L foot down; Step R behind L, recover weight to L

### **LONG STEP RIGHT, 1/4 TURN RIGHT, HEEL BOUNCES**

1-4 Big step to the right with R (2 counts), 1/4 right turn step L to left, hold

5-8 Bounce R heel to floor (X2), Bounce L heel to floor (X2)

### **BACK ROCK, TOE HEEL CROSSES (3X), STEP**

1-2 Step R back, recover on L

3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold

7-8 Touch L toe to R instep, Tap L heel to floor

1-2 Cross L over R; Hold

3-6 Touch R toe to L instep, Tap R heel to floor, cross R over L; Hold

7-8 Step L beside R, Hold

**(option: replace toe-heel with toe-kick)**

### **ELVIS KNEES**

1-2 Turn R knee in towards left (L leg straight), hold

**(both arms at shoulder level, elbows bent, forearms up)**

3-4 Turn L knee in (R leg straight), hold

5 Turn R knee in (L leg straight); (Drop arms down to sides & snap fingers)

6-8 Hold

### **TOE STRUTS IN PLACE**

1-4 Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place

**5-8 (repeat 1-4)**

### **SECTION B**

#### **JAZZ BOX**

1-2 Cross R over L, Hold

3-4 Step L back, Hold

5-6 Step R to right, Hold

7-8 Step L forward in front of R, Hold

**(Option: Jazz box can be done with toe struts)**

#### **TWIST TO THE RIGHT**

1 Step R to right side

2-8 Twist hips R, L, R, L, R, L, R (finish with weight on R foot)

**(Note: Or do free-style twist as long as your weight ends on the R on count 8)**

#### **JAZZ BOX**

1-2 Cross L over R, Hold

3-4 Step R back, Hold

5-6 Step L to left, Hold

7-8 Step R forward in front of L foot, Hold

**(Option: Jazz box can be done with toe struts)**

#### **FREEZE, TWIST LEFT**

1-4 Step L to left side, hold (Freeze)

5-8 Twist hips R, L, R, L (finish with weight on L foot)

### **ENDING**

## **TOE STRUTS, MONTEREY TURN (2X8)**

**1-2, 3-4** Touch R toe beside L, Step R foot in place; Touch L toe beside R, Step L foot in place

**5-6, 7-8** Touch R to right, 1/2 R step R beside L; Touch L to left, step L beside R

**Last count: Strike an Elvis pose!**

**HAVE FUN!**

**\*Section A inserts\*:**

**A2 (done on the 2nd rotation of A):**

### **(2nd eight) HIP BUMPS**

**1** Step R to right side

**2-3** Bump hip right

**4-5** Bump hip left

**6-7** Bump hip right

**8** Bump hip left

### **(4th eight) FOOT STOMPS**

**1** Step R to right

**2-3** Stomp L, replace weight to R

**4-7 repeat 2-3**

**8** Stomp L

**A3 (done on the 3rd and last rotation of A):**

### **(2nd eight) TURN HEAD LEFT**

**1-2** Cross R over L (Look L)

**3-4** Step L to L (Look forward)

**5-6** Cross R over L (Look L)

**7-8** Step L to L (look forward)

### **(4th eight) TURN HEAD RIGHT**

**1-2** Step R to right (Look R)

**3-4** Cross L over R (Look forward)

**5-6** Step R to right (Look R)

**7-8** Cross L over r (look forward)

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