

# Back It Up (□□□□ )

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**Count:** 32      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Darren Bailey , Raymond Sarlemijn (Sept 2012)

**Music:** Back it up (Caro Emerald)

□□□

**Walk x2, 3/4 chase turn L, syncopated**

**weave R, 1/4 turn R**

**1-2**

**Step forward on Rf, step forward on Lf**

□□□□ , □□□□

**3&4**

**Step forward on Rf, make**

**a 1/2 turn pivot L (weight ends on Lf), make a 1/4 turn L and step Rf to R**

**side**

□□□□ , □□□ 180□□□□□□ , □□ 90□□□□□

**5&6&**

**Cross Lf behind Rf, step**

**Rf to R side, cross Lf over Rf, step Rf to R side** □□□□□□□□ , □□□□ ,

□□□□□□□□ , □□□□

**7-8**

**Cross Lf behind Rf, make a 1/4 turn R and step forward on Rf**

□□□□□□□□ , □□ 90□□□□□

□□□

1/2 chase turn R, 1/2 turn L x2, 1/4

turn L bump to R, 1/2 turn L bump to L

1&2

Step forward on Lf, make a 1/2 turn pivot R (weight ends on Rf), step

forward on Lf  ,  180 ,

3-4

Make>M Make>ake a 1/2 turn L and

step back on Rf, make a 1/2 turn L and step forward on Lf  180 ,  180

5-6

Make>M Make>ake a 1/4 turn L and

touch Rf to R side at the same time bump hip up to R, step down onto Rf  90  
 ,

7-8

>M

>ake>M

>M

>ake>ake a 1/2 turn L and touch Lf to L side at the same time bump hip up to

L, step down onto Lf  180 ,

Cross, back, side, x2, Walk x2, out,

out, in, cross

1&2

**Cross Rf over Lf, step back on Lf, step Rf to R side**

□□□□□□□□ , □□□□ , □□□□

**3&4**

**Cross Lf over Rf, step**

**back on Rf, step Lf to L side**

□□□□□□□□ , □□□□ , □□□□

**5-6**

**Step forward on Rf, step**

**forward on Lf** □□□□ , □□□□

**7&8&**

**step Rf to R side, Step Lf to L side, Step Rf into centre, cross Lf over**

**Rf** □□□□ , □□□□ , □□□□ , □□□□□□□□

□□□

**1/4 turn R, step forward, pivot 1/2**

**turn L, 1/2 turn L stepping back, walk back x3, close.**

**1-2**

**>M**

**>ake>M**

**>M**

**>ake>ake a 1/4 turn R and step forward on Rf, step forward on Lf**

□□ **90**□□□□□□ , □□□□

**3-4**

