

INTO YOUR SYSTEM

LINEDANCE.COM

Count: 64

Wall: 4

Level: Intermediate/Advanced level

Choreographer: Carol Jasper

Music: Into Your System by Eliza

Intro: 14 Counts Sequence: Wall 1: 52 (9:00) Wall 2: 36 (6:00) Wall 3: 52 (3:00) Wall 4: 64 (12:00) Bridge Tag: (12:00) Wall 5: 64& (9:00) Wall 6: 64 (6:00)

§1 Cross Side Sailor ¼ Turn. Cross ½ Turn Coaster

- 123&4** Cross Right over Left, Step Left to Left, Cross Right behind Left, Turn ¼ Right Step Left to the Left, Step Right to Right [3:00]
- 56** Cross Left over Right, Turn ½ Left Step Right Back [9:00]
- 7&8** Step Left back, Step Right beside Left, Step Left forward

§2 Cross Side Behind Side Cross, Forward Rock ¼ Turn Back Rock

- 12** Cross Right over Left, Step Left to Left,
- 3&4** Step Right behind Left, Step Left to Left, Cross Right over Left
- 56** Rock Left forward, Recover on Right
- 78** Turn ¼ Left Rock Left back, Recover on Right [6:00]

§3 Forward Shuffle, Pivot ½ Turn Forward Shuffle, Full Turn

- 1&2** Step Left forward, Right beside Left, Step Left Forward
- 34** Step Right forward, Pivot ½ Turn Left [12:00]
- 5&6** Step Right forward, Left beside Right, Step Right forward
- 78** Turn ½ Right Step Left back, Turn ½ Right Step Right forward [12:00]

§4 Rock Step, Coaster Step, Cross And Heel x 2

- 12** Rock Left forward, Replace on Right
- 3&4** Step Left back, Step Right beside, Step Left forward
- 5&6** Cross Right over Left, Step Left to Left, Right Heel to Right Diagonal,
- &** Step Right in place
- 7&8** Cross Left over Right, Step Right to Right, Left Heel to Left Diagonal
- &** Step Left in place

§5 Cross Side Behind ¼ Left, Monterey Turn, Rock Recover Cross

- 12 Cross Right over Left, Step Left to Left
- 34 Step Right behind Left, Turn ¼ Left Step Left forward [9:00]
- 56 Point Right to Right, Turn ½ Right Step Right in place [3:00]
- 7&8 Rock Left to Left, Recover on Right, Cross Left over Right

§6 Full Turn, Cross Rock Recover ½ Turn, Shuffle

- 1234 Turn ¼ Left Step Right back, Turn ½ Left Step Left forward, Step Right forward, Pivot 1/4 Left weight on Left [3:00]
- 56 Cross Right over Left recover on Left
- 7&8 Turn ½ Right Step Right forward, Step Left beside, Step Right forward [9:00]

§7 Forward Rock Sweep, Sailor Step, Front Sailor x 2

- 12&3&4 Rock Left, recover on Right, Sweep Left out, Step Left behind Right, Step Right to Right, Step Left to Left
- 5&6 Cross Right over Left, Step Left to Left, Step Right in place
- 7&8 Cross Left over Right, Step Right To Right, Step Left in place

§8 Rock Recover Back Shuffle, Back Rock Forward Full Turn

- 12 Rock Right forward, Recover on Left
- 3&4 Step Right back, Step Left beside, Step Right back
- 56 Rock Left back, Recover on Right
- 78 Turn ½ Right step back on Left, Turn ½ Right step Right forward [9:00]
- & Step Left beside Right (Only apply on end of Wall 5)

Bridge Tag §1 Side Behind Side Shuffle x 2

- 123&4 Step Left to Left, Cross Right behind Left, Side, Together, Side
- 567&8 Step Right to Right, Cross Left behind Right, Side, Together, Side

§2 Lock Step Shuffle X 2

- 123&4 Step Left diagonally, Lock Right behind, Left shuffle forward
- 567&8 Step Right diagonally, Lock Left behind, Right shuffle forward

§3 Step Forward Hold x 2

1234 Left forward diagonally, Hold 3 counts (stretch & open hands out to both sides)

5678 Step Right forward diagonally, Hold 3 Counts (weight on left) (stretch & open hands out to both sides)

§4 Step Backward Hold X 2

1234 Step Right backward diagonally, Hold 3 Counts (stretch & open hand out to both sides)

5678 Step Left backward diagonally, Hold 3 Counts (stretch & open hand out to both sides)

§5 Heel Bounce, Kick

1234 Right Heel bounce x 3, Kick Right forward.