

# GIVIN' IT UP

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**Count:** —                      **Wall:** —                      **Level:** —

**Choreographer:** Kathy Hunyadi , Peter Metelnick & Mark Cosenza

**Music:** Give It Up by K.C. & The Sunshine Band

**Sequence:** AB, A (counts 1-16), AB, ABB, A (counts 1-16), AB, AB

## PART A

### SYNCOATED TOE TOUCHES, KICK FORWARD, JAZZ JUMP BACK, JAZZ JUMP FORWARD

- 1&2**            Touch right toe out to side, quickly switch feet, touch left toe to side
- &3-4**           Step left foot home, touch right toe to side, kick right foot forward
- &5-6**           Step right foot back and slightly out to side, step left foot to side, hold (feet shoulder width apart)
- &7-8**           Step right foot forward and slightly to side, step left forward and shoulder width apart from right, hold

### MASH POTATOES BACK, JAZZ JUMP FORWARD, JAZZ JUMP BACK

- &1**            Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in
- &2**            Lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you turn both toes out/heels in
- &3**            Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you turn both toes out/heels in
- &4**            Swivel both heels out & in
- &5-6**           Step right foot forward and slightly out to side, step left foot to side, hold (feet shoulder width apart)
- &7-8**           Step right foot back and slightly to side, step left back and shoulder width apart from right, hold

### RIGHT & LEFT LOCK STEPS

- 1-4**            Step forward on right foot, slide left foot behind & to right of right foot, step forward on right foot, touch left foot beside right

**5-8** Step forward on left foot, slide right foot behind & to left of left foot, step forward on left foot, touch right foot beside left foot

### **½ MONTEREY TURN TWICE**

**1-4** Touch right toe to side, turn ½ to right (pivoting on left foot), step right foot next to left, touch left toes to side, step left beside right

**5-8** Touch right toe to side, turn ½ to right (pivoting on left foot), step right foot next to left, touch left toes to side, step left beside right

## **PART B**

### **RUNNING MAN, STEP HOLD, AND STEP HOLD**

**1&2&** Step forward right, scoot back on right, step forward left, scoot back on left

**3&4&** Step forward right, scoot back on right, step forward left, scoot back on left

**5-6** Place right foot forward, hold

**&7-8** Step back on right, point left forward, hold

### **STEP, CROSS, STEP, RIGHT SAILOR WITH KICK, & STEP, CROSS, ¼ TURN LEFT, COASTER STEP**

**&1-2** Step back on left, cross right in front of left, step left to side

**3&4** Step right behind left, step left to side, kick right foot forward diagonally (body angled right)

**&5-6** Step back on right, cross left in front of right, turn ¼ left stepping back on right

**7&8** Step back left, step right beside left, step left forward

**17-32** Repeat steps 1-16 then follow sequence as stated above