

CALM BEFORE THE STORM

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Count: 48

Wall: 4

Level: beginner/intermediate

Choreographer: Miska Honkakoski

Music: Calm Before The Storm by Vaquero

STEP, SHUFFLE, TURN, SHUFFLE, TURNING STEP

- 1 Step right foot forward
- 2&3 Left shuffle forward
- 4-5 Rock step forward on right foot, step back on left foot while turning $\frac{1}{2}$ turn to left
- 6&7 Right shuffle forward
- 8 Step left foot forward while turning $\frac{1}{2}$ turn to right

HIP BUMPS, FANCY MONTEREY TURN

- 9 Step right foot diagonal back and bump hip to right
- 10& Bump hip to left, bump hip to right
- 11-12 Bump hip to left twice
- 13-14 Touch right toe to right, turn $\frac{1}{2}$ turn to right on left foot and draw right foot next to left
- 15-16 Touch left toe to left, turn $\frac{1}{4}$ turn to left on right foot and draw left foot next to right

STRUTS

- 17-18 Touch right toe over left, drop right heel down
- 19-20 Touch left toe to left, drop left heel down
- 21-22 Touch right toe over left, unwind $\frac{1}{4}$ to left and drop both heels down
- &23 Lift both heels, drop both heels
- &24 Lift both heels while turning $\frac{1}{4}$ turn to left, drop both heels

STRUTS, COASTER STEP

- 25-26 Touch left toe over right, drop left heel down
- 27-28 Touch right toe to right, drop right heel down
- 29-30 Touch left toe over right, unwind $\frac{1}{4}$ to right
- 31&32 Step left foot back, step right foot next to left, step left foot forward

KICK BALL CHANGE, DOUBLE KICK, SHUFFLE, COASTER STEP

- 33&34** Kick forward on right foot, step right ball next to left, change weight to left foot
- 35-36** Kick right foot forward twice
- 37&38** Right shuffle backward
- 39&40** Step left foot back, step right foot next to left, step left foot forward

KICK BALL CHANGE, DOUBLE KICK, TURNING JAZZ BOX

- 41&42** Kick forward on right foot, step right ball next to left, change weight to left foot
- 43-44** Kick right foot forward twice
- 45-46** Step right foot over left, step left foot back
- 47-48** Step right foot to right while turning $\frac{1}{4}$ turn to left, step left foot next to right

REPEAT