

Catch My Breath

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Count: 32

Wall: 4

Level: Newcomer / Novice - Cuban (Cha Cha)

Choreographer: Ieva Reinbaha & Linda Eihentāle (May 2014)

Music: Catch My Breath by Kelly Clarkson

STEP SIDE, ROCK FORWARD, RECOVER, CHASSE 1/4, STEP, 1/2 PIVOT

1LF step side left

2RF rock forward

3LF recover

4RF step side right

&LF step next to RF

5RF ¼ turn right step forward

6LF step forward

7turn ½ to right (weight on RF)

8LF step side ¼ turn right

LOCK STEP TURNING 1/2, SHUFFLE TURNING 1/2, ROCK FORWARD, RECOVER, LOCK STEP BACK, ROCK BACK

&RF cross in front of LF

1LF step back ¼ turn right

2RF step side ¼ turn right

&LF step next to RF

3RF turn ¼ to right while stepping forward

4LF rock forward

5RF recover

6LF step back

&RF cross in front of LF

7LF step back

8RF rock back

RECOVER, SHUFFLE FORWARD, ROCK SIDE , WAVE, ROCK SIDE

1LF recover

2RF step forward

&LF step forward next to RF

3RF step forward

4LF rock side left

5RF recover

6LF cross in back of RF

&RF step side right

7LF cross in front of RF

8RF rock side right

RECOVER, WAVE TURNING 1/4 , ROCK FORWARD, RECOVER, STEP TURN 1/2 ,FULL TURN LEFT +3/4 TURN LEFT

1LF recover

2RF in back of LF

&LF 1/4 step forward

3RF step forward

4LF rock forward

5RF recover

6LF ½ step forward while turning left

&hold

7½ turn left RF step back

&½ turn left LF step forward

8½ turn left RF step back + ¼ turn left 3:00 (weight still on RF and start next wall with LF side)

Tag at Wall 8

STEP, SWEEP, ROCK FORWARD, TURN ¼ , SWEEP, TURN ¼ , STEP FORWARD

1LF step in place

2RF sweep across LF and step across LF

&LF step a little bit back

3RF step to side right

4LF rock forward

&recover

5LF ¼ turn left while stepping to side left

6RF sweep across LF and step across LF

&LF step in place

7RF tur ¼ to right and step forward

8LF step forward

PIVOT, STEP, ROCK SIDE, RECOVER, STEP FORWARD, PIVOT1/2, FULL SWEEP CIRCLE, RIGHT POINT, DRAG

&turn ½ right(weight on RF)

1LF step forward

2RF rock to side right

&recover on LF

3RF step forward

4turn ½ left(weight on LF)

5turn ½ to left while sweeping RF

6turn ½ to left while sweeping RF(RF touch next to LF)

7bent left knee and extend RF point to right side

8straight left leg and drag RF(weight on RF)

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