

# Lay Low

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Darren Bailey - Aug 2015

**Music:** Lay Low (Josh Turner)

## **Intro: 32 counts**

### **Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle.**

- 1-2**            Rock Rf to R side, Recover onto Lf
- 3&4**            Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf
- 5-6**            Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side
- 7&8**            Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

### **Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.**

- 1-2**            Step Rf to R side, Touch Lf next o Rf
- 3&4**            Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf
- 5-6**            Rock Lf to L side, Recover onto Rf
- 7&8**            Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

### **(Restart here on wall 4)**

### **Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.**

- 1-2**            Step Rf to R side, Lock Lf behind Rf (popping R knee forward)
- 3&4**            Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF
- 5-6**            Step forward on Lf, Make a 1/2 pivot turn R
- 7&8**            Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

### **Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L**

- 1-2**            Step back on Rf poppoing L knee forward, Step back on Lf poppoing R knee forward
- 3&4**            Step back on Rf, close Lf next to Rf, Step forward on Rf
- 5-6**            Cross Rock Lf over Rf, Recover onto Rf
- 7&8**            Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

**Tag....Before starting wall 10.**

**1-4** Click fingers on R hand x4 slowly bringing R hand down to the side.

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=106329](https://www.linedance.com/index.php?f=dance_view&id=106329)