

ALIVE 'N' KICKIN

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Count: 48 **Wall:** 4 **Level:** —

Choreographer: Tracey McIntosh

Music: You Keep Me Hanging On by Reba McEntire

SIDE SHUFFLE, FULL TURN, SIDE SHUFFLE, ROCK STEP

- 1&2** Step right to side, step left beside right, on ball of left pivot $\frac{1}{2}$ turn right and step forward right
- 3-4** Step forward left, pivot $\frac{1}{2}$ turn right
- 5&6** On ball of right, pivot $\frac{1}{4}$ turn right and step left to side, step right beside left, step left to side
- 7-8** Rock back on right, step left in place

If you do not want to do a full turn, then do a right side shuffle and a back rock step with the left, followed by a left side shuffle with a back rock on right

KICK BALL CROSS TWICE, STOMP KICK WITH $\frac{1}{4}$ TURN, COASTER STEP

- 9&10** Kick right foot right at 45 degrees angle, step right to side, cross left over right
- 11&12** Kick right foot right at 45 degrees angle, step right to side, cross left over right
- 13-14** Stomp right foot in place, on ball of left, pivot $\frac{1}{4}$ turn right and kick right foot forward
- 15-16** Step back right, step back left, step forward right

STOMP KICK, MODIFIED BOX STEP, STEP $\frac{1}{2}$ TURN, FULL TURN

- 17-18** Stomp left foot in place, kick left foot slightly across right
- 19&20** Cross left over right, step back right, step left beside right
- 21-22** Step forward right, pivot $\frac{1}{2}$ turn left
- 23-24** On ball of left, pivot $\frac{1}{2}$ turn left and step back right, on ball of right, pivot $\frac{1}{2}$ turn left and step forward left

If you do not want to do a full turn, just walk forward right, left

SHUFFLE STEP KICK, COASTER STEP, WALK STEPS

- 25&26** Step forward right, step left beside right, step forward right
- 27-28** Step forward left, kick right foot forward

29&30 Step back right, step back left, step forward right

31-32 Walk forward left, walk forward right

STEP ½ TURN TWICE, COASTER STEP, WALK STEPS

33-36 Step forward left, pivot ½ turn right, step forward left, on ball of left pivot ½ turn left and step back right

37&38 Step back left, step back right, step forward left

29-40 Walk forward right, walk forward left

CROSS KICK BALL CHANGE TWICE, DIAGONAL SWIVEL STEPS

41&42 Kick right foot across left, step right beside left, step left in place

43&44 Kick right foot across left, step right beside left, step left in place

&45 On ball of left, swivel left heel out slightly, step onto ball of right at 45 degrees right

&46 On ball of right, swivel right heel out slightly, step onto ball of left at 45 degrees left

&47 On ball of left, swivel left heel out slightly, step onto ball of right at 45 degrees right

&48 On ball of right, swivel right heel out slightly, step onto ball of left at 45 degrees left

REPEAT