

# Back and Forth

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Sue Smyth (Aug 2014)

**Music:** Alan Jackson - Walkin The Floor Over Me

## **Intro: 16 counts**

### **Right Heel Strut, Left Heel Strut, Right Lock Right, Left Heel Strut Right Heel Strut, Left Lock Left**

- 1&2&**      Step Right Heel Fwd, Step Weight On Right, Step Left Heel Fwd, Step Weight On Left
- 3&4**        Step Fwd On Right, Lock Left Behind Right, Step Fwd On Right
- 5&6&**      Step Left Heel Fwd, Step Weight On Left, Step Right Heel Fwd , Step Weight On Right
- 7&8**        Step Fwd On Left, Lock Right Behind Left, Step Fwd On Left

### **Right Mambo Fwd, Step Back Hitch, Back Hitch, Back Hitch, Left Coaster Step, Step ¼ Turn Cross**

- 1&2&**      Rock Fwd On Right, Rec On Left, Step Back On Right, Hitch Left Leg
- 3&4&**      Step Back On Left, Hitch Right Leg, Step Back On Right, Hitch Left Leg
- 5&6**        Step Back On Left, Step Right Beside Left, Step Fwd On Left
- 7&8**        Step Fwd On Right, Make ¼ Turn Left Placing Weight On Left, Cross Right Over Left

### **Left Scissors Cross, Right Scissor Cross, Side Tog Fwd, Walk Fwd Right, Left**

- 1&2**        Step Left To Left Side, Step Right Beside Left, Cross Left Over Right,
- 3&4**        Step Right To Right Side, Step Left Beside Right, Cross Right Over Left
- 5&6&**      Step Left To Left Side, Step Right Beside Left, Step Fwd On Left, Scuff Right Foot Fwd
- 7&8&**      Step Fwd On Right, Clap, Step Fwd On Left, Clap

### **Right Mambo ½ Turn, Triple ½ Turn, Right Lock Back, Left Coaster Step**

- 1&2**        Rock Fwd On Right, Rec On Left ½ Turn Right Stepping Fwd On Right
- 3&4**        Shuffle ½ Turn Right On The Spot (Triple Turn) L R L,
- 5&6**        Step Back On Right, Lock Left Infront Of Right, Step Back On Right,
- 7&8**        Step Back On Left, Step Right Beside Left, Step Fwd On Left

**Ending : You Will Be Facing 6 O'clock On Sec 2 Wall 7---- 7&8-- Instead Of Doing A Step  
¼ Turn, Do A Step ½ Turn To Face 12 O'clock**

**Contact: boogiesas@yahoo.co.uk**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=99821](https://www.linedance.com/index.php?f=dance_view&id=99821)