

MISHNOCK WALTZ

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Count: 42 **Wall:** — **Level:** —

Choreographer: Unknown

Music: Their Hearts Are Dancing by The Forester Sisters

Position: Begin in closed Position. Men facing LOD, Ladies RLOD

Prepared By Dan Albro

MAN: BALANCE FORWARD & BACK, LADY: BALANCE BACK & FORWARD

1-3MAN: Walk forward left, right, left

LADY: Walk back right, left, right

4-6MAN: Walk back right, left, right

LADY: Walk forward left, right, left

CROSS BALL CHANGES

1-3MAN: Cross left over right, step side on ball of right, step side left

LADY: Cross right behind left, step side on ball of left, step side right

4-6MAN: Cross right over left, step side on ball of left, step side right

LADY: Cross left behind right, step side on ball of right, step side left

Couples should end right shoulder to right shoulder.

TO THE RIGHT PINWHEEL FULL TURN, RIGHT SHOULDER TO SHOULDER

1-3MAN: Walk to the right in a circle, as if a pole were between him & partner left, right, left

LADY: Walk to the right in a circle as if a pole were between her & partner right, left, right

4-6MAN: Walk to the right finishing full turn started above right, left, right

LADY: Walk to the right finishing full turn started above left, right, left

RELEASE HANDS, LADY FACES LOD, FORWARD WITH LADIES FULL TURN

1-3MAN: Back up stepping left, right, left as lady turns right to face LOD

LADY: ½ Turn right crossing right behind left, step back left, right now facing LOD, left hand on mans shoulder

4-6MAN: Walk forward right, left, right bring right hand forward to pick up ladies left hand

LADY: Continue to turn right an additional full turn traveling forward left, right, left

FORWARD 1,2,3 FULL TURN 4,5,6

1-3MAN: Walk forward left, right, left

LADY: Walk forward right, left, right

4-6MAN: Walk forward right, left, right doing a full turn right

LADY: Walk forward left, right, left doing a full turn left

Releasing hands as you turn.

31-36 Repeat steps 25-30

FORWARD 1,2,3; LADY TURNS INTO CLOSE POSITION 4,5,6

1-3MAN: Walk forward left, right, left

LADY: Walk forward right, left, right

4-6MAN: Step in place right, left, right

LADY: Step forward left, right, left doing a ½ turn left

Lead lady in front of you with right hand into closed position

REPEAT