

# BREATH TAKING

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**Count:** 64

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Sue Morgan

**Music:** Breathless by The Corrs

**The choreographer was age 14 when this dance was created.**

- 1-4** Step right foot out to right side, bring left foot next to right, step right foot across left, click fingers
- 5-8** Step left foot out to left side, bring right foot next to left, step left foot across right, click fingers.
- 9-12** Put right foot forward and do two paddle steps, turning a half turn to the left
- 13-16** Rock right over left, recover

**Option: swing arms around body when doing beats 13-16**

- 17-18** Step left foot diagonally forward left, step right foot diagonally backwards right
- 19&20** Step left foot forward diagonally, right foot backwards diagonally, left foot forward diagonally
- 21-22** Step right foot diagonally forward right, step left foot diagonally backwards left
- 23&24** Step right foot diagonally forward, left foot diagonally backwards, right foot diagonally forward
- 25-28** Step left foot across right, pause for one beat, unwind a ½ turn to the right, pause for one beat

**Option: Wrap arms around body when doing beats 25-28, i.e. Left arm horizontally in front of stomach, right arm horizontally behind back**

- 29&30** Right heel taps forward, right foot steps in place, left foot steps across right
- 31-32** Step right foot out to right side, step left foot in place

**33-36** Step right foot across left foot, touch left toe out to left side

**Option: Place right hand on stomach and swing left arm out to left side when doing beats 33 and 34**

**35-36** Step left foot across right foot, touch right toe out to right side

**Option: Place left hand on stomach and swing right arm out to right side when doing beats 35 and 36**

**37&38** Turn quickly a  $\frac{1}{2}$  turn to the left and shuffle backwards as you are turning (right-left-right)

**39-40** Rock back on left foot and recover

**41&42** Turn quickly a  $\frac{1}{2}$  turn to the left and shuffle backwards as you are turning. (left-right-left)

**43-44** Rock back on right foot and recover

**45&** Touch right heel forward, step right in place

**46&** Touch left heel forward, step left in place

**47** Touch right heel forward

**&48** Click right hand, click left hand

**49-52** Step right foot forward, lock left foot behind the right foot, step right foot forward, turn a  $\frac{1}{2}$  turn to the right and scuff left heel forward

**53&54** Shuffle to the left side (moving to the left side but still facing forward) left-right-left

**55-56** Rock right foot back and recover

**57-58** Step right foot to right side, step left foot behind right

**&59** Step right foot in place quickly, step left foot across right foot

**60** Step right foot to right side

**61-62** Step left foot to left side and turn  $\frac{1}{2}$  left, Step right foot to right side and turn  $\frac{1}{2}$  left

**63&64** Shuffle left-right-left, turning a  $\frac{1}{4}$  turn left

**REPEAT**

## **OPTIONAL ARMS:**

**When rocking back, let arms swing naturally back. Use any other arm movements you feel are appropriate!**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=61848](https://www.linedance.com/index.php?f=dance_view&id=61848)