

BOOGIE OUT

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Elaine Williams

Music: Bring Out The Boogie In Me by Sonny & McGhee

- 1-2** Stepping forward onto right foot at 45 degrees, bump hips forward (rocking back onto left foot), bump hips back
- &3** Jump right foot slightly forward to right side, jump left foot slightly forward to left side (feet should be even with each other about shoulder width apart)
- &4** Jump right foot back to the center, jump left beside right
- 5** Rotate knees in a circular motion to the left
- 6** Rotate knees in a circular motion to the right (figure 8)
- &7** Step right foot to right side, change weight to left (ball change)
- &8** Step right behind & across left, rock forward onto left
- 9-10** Step onto right toe to right side, step down on right heel (toe strut)
- 11-12** Step left behind & across right, rock forward onto right
- &13** Step left foot to side, change weight to right (ball change)
- &14** Step left behind & across right, rock forward onto right
- 15-16** Step onto left toe to left side, step down on left heel (toe strut)
- 17-18** Step right behind & across left, rock forward onto left
- 19&20** Step right foot to right side (bumping right hip to right side), rock back onto left foot, close right beside left (clicking fingers of both hands at chest height)
- 21&22** Step left foot to left side (bumping left hip to left side), rock back onto right foot, close left beside right (clicking fingers of both hands at chest height)
- 23-24** Step right foot across in front of left while bending knees touch left toe to left side while straightening upright and shimmy shoulders right-left-right

- 25-26** Step left foot across in front of right while bending knees touch right toe to right side while straightening upright and shimmy shoulders right-left-right
- 27-28** Step right foot forward, push weight off right turning $\frac{1}{4}$ turn left
- 29-30** Step right foot forward, push weight off right turning $\frac{1}{2}$ turn left
- 31-32** Step right foot forward at 45 degrees right bumping hips forward, rock backwards onto left bumping hips back

REPEAT