

And Get It On

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Daniel Trepas (NL) & Jose Miquel Belloque Vane (NL) March. 2015

Music: Marvin Gaye by Charlie Puth ft. Meghan Trainor

Intro: 32 counts from first beat in music (app. 25 sec. into track)

[1 -9] Side, Together, 1/8 turn R step fwd, Cha Cha R fwd, Syncopated half diamond

- 1 - 3** Step L to L side (1), Step R next to L (2), 1/8 turn R stepping L forward 1:30
- 4&5** Step R forward (4), Lock L behind R (&), Step R forward (5) 1:30
- 6&7** Step L forward (6), 1/8 turn L stepping R to R side (&), 1/8 turn L stepping L back (7) 10:30
- 8&1** Step R back (8), 1/8 turn L stepping L to L side (&), 1/8 turn L stepping R forward (1) 7:30

[10 - 17] Step fwd, 1/2 turn L, Cha Cha back, Rockstep, Cha Cha fwd

- 2 - 3** Step L forward (2), 1/2 turn L stepping R back (3) 1:30
- 4&5** Step L back (4), Lock R in front of L (&), Step L back (5) 1:30
- 6 - 7** Rock R back (6), Recover on L (7) 1:30
- 8&1** Step R forward (8), Lock L behind R (&), Step R forward (1) 1:30

[18 - 24] Hold, Extended cha fwd, Ball lock, unwind 7/8 turn R, Side, Touch, Hold

- 2&3&4** Hold (2), Lock L behind R (&), Step R forward (3), Lock L behind R (&), Step R forward (4) 1:30
- &5 - 6** Step L forward (&), Lock R behind L (5), Unwind 7/8 turn R (weight ends on L) (6) 12:00
- &7 - 8** Step R to R side (&), Touch L to L side (7), Hold (8) 12:00

[25 - 32] 1/4 turn L, Flick, Step fwd, Spiral Turn L, Step fwd, 1/4 turn L, Side, 1/8 turn L, Together, Hold, 3x heel bounces and 1/8 turn L

- 1 - 2 1/4 turn L stepping L forward & flicking R back (1), Step R forward (2) 9:00**
- 3** Full turn Spiral turn L (weight ends on R) (3) 9:00
- 4&5** Step L forward (4), 1/4 turn L step R to R side (&), 1/8 turn L stepping L next to R (5) 4:30
- 6 - 7&8** Hold (6), Bounce both heels (7), Bounce both heels (&), Bounce both heels (8)

On 7&8 while doing the heel bounces turn a 1/8 turn L 3:00

Happy Face & Begin Again!

Submitted By - Mandy Herkenraad - mandyherkenraad@gmail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=104396