

# Going Back To My Roots

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Marja Urgert (Apr 12) NL

**Music:** Back To My Roots by Dr. Victor & The Rasta Rebels

## Intro: 32 Counts

**Point R, & Touch, Point R Hitch Ball Step, Swivel  $\frac{1}{4}$  R, Swivel  $\frac{1}{4}$  Turn L, Swivel  $\frac{1}{2}$  Turn R, R Coaster Step**

- 1&2** Point R to right side, Touch R beside L, Point R to right side
- 3&4** Hitch R knee, Close R beside L, Step forward on L
- 5&6** Swivel both heels to left make a  $\frac{1}{4}$  turn right (3:00), Swivel both heels to left make a  $\frac{1}{4}$  turn left (12:00) Swivel both heels to left make a  $\frac{1}{2}$  turn right (6:00)
- 7&8** Step back on R, Close L beside R, Step forward on R

**L Shuffle Fwd, Mambo R Fwd With  $\frac{1}{2}$  Turn R, Mambo L Fwd With  $\frac{1}{4}$  Turn L, Mambo R Fwd With  $\frac{1}{2}$  Turn R**

- 1&2** Step forward on L, Step R beside L, Step forward on L
- 3&4** Rock forward on R, Recover,  $\frac{1}{2}$  turn right step forward on R (12:00)
- 5&6** Rock forward on L, Recover,  $\frac{1}{4}$  turn left step forward on L (9:00)
- 7&8** Rock forward on R, Recover,  $\frac{1}{2}$  turn right step forward on R (3:00)

**Step Lock Step, Shuffle  $\frac{1}{2}$  Turn L,  $\frac{1}{4}$  Turn L Chassé L, Cross mambo**

- 1&2** Step forward on L, Cross R behind L, Step forward on L
- 3&4** Shuffle  $\frac{1}{2}$  turn left R,L,R (3:00) \*\*\*\*Tag & Restart\*\*\*\* Wall 5 & 10
- 5&6  $\frac{1}{4}$  turn left step L to left side, Close R beside L, Stp L to left side (6:00)**
- 7&8** Cross rock R over L, Recover, Step R to right side

**Kick L Diag Over R, Kick R Diag Over L, Mambo L Fwd Step L Back ,  $\frac{1}{4}$  Turn R, Flick L Behind R, Step L Side, Cross R Behind L, Touch R Next L**

- 1&2&** Kick L diag right, Close L beside R, Kick R diag left, Close R beside L
- 3&4** Rock forward on L, Recover, Step back on L
- 5&6  $\frac{1}{4}$  right step R to right side, Flick L behind R, Step L to left side**

**7&8** Cross step R behind L, Step L to left side, Touch R beside L (3:00)

**TAG & RESTART: During wall 5 (9:00) and wall 10 (6:00) after 20 counts**

**Dance the first 20 counts, then do 1 count TAG: & Close L beside R, And RESTART the dance**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=87082](https://www.linedance.com/index.php?f=dance_view&id=87082)