

# Hold Those Strings

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**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Heather Barton & Nathan Gardiner (Scotland) July 2018

**Music:** Kite by Lucie Silvas (Album: E.G.O)

## Intro: 16 counts

### Music available on iTunes

### Walk Forward R & L, Mambo Step, Behind Side Cross, 1/8 L, Together, Heel Lift

**1-2** Step forward on R, Step forward on L

**3&4** Rock forward on R, Recover on L, Step back on R sweeping L from front to back

**5&6** Step L behind R, Step R to R side, Cross L over R

**&7&8 1/8 L stepping R to R side, Step L next to R, Lift both heels up, Drop both heels down**

### Cross, 1/8 R, 1/8 R, Behind, 3/8 R, Step Forward, Rock Forward, Recover, Side Rock, Recover, Behind, 1/4 L, Step Forward

**1&2** Cross R over L, 1/8 R stepping L to L side, 1/8 R stepping back on R

**3&4** Step L behind R, 3/8 R stepping forward on R, Step forward on L

**5&6&** Rock forward on R, Recover on L, Rock out to R side, Recover on L

**7&8** Step R behind L, 1/4 L stepping forward on L, Step forward on R

### Cross & Heel, & Touch, & Heel, Ball Cross, Side L, Sailor 1/2 R Touch

**1&2** Cross L over R, Step R slightly to R side, Dig L heel to L diagonal

**&3&4** Step L next to R, Touch R next L, Step R slightly to R side, Dig L heel to L diagonal

**&5-6** Step L next to R, Cross R over L, Step L to L side

**7&8** Step R behind L, 1/2 R stepping L next to R, Touch R forward

### Knee Twist In Out, Kick, Coaster Step, Pivot 1/2 L, Pivot 1/2 R, Triple Full Turn R

**1&2** Twist R knee in bumping R hip up, Twist R knee out bumping R hip back to centre, Kick R forward

**3&4** Step back on R, Step L next to R, Step forward on R

**5-6** Pivot 1/2 L, Pivot 1/2 R

**7&8<sup>1/2</sup> R stepping back on L, <sup>1/2</sup> R stepping forward on R, Step forward on L**

**Restart: On wall 3 dance up to count 16 change the step forward to a touch**

**Tag: End of wall 6**

**Kick Back Touch, Bump Hips L, R, L**

**1&2** Kick R forward, Step slightly back on R, Touch L forward

**3&4** Bump L hip forward, Bump hip back, Bump hip forward (weight ends on L)

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