

BELLY ROLL

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Count: 32 **Wall:** 1 **Level:** beginner/intermediate

Choreographer: Rick & Deborah Bates

Music: Belly Roll by Bobby Smith & Poor Souls

ROCK STEP, PIVOT, LUNGE LEFT, TOUCH, KICK-STEP-TOUCH, TOGETHER, TOE TAPS

- 1-2** Step forward on left foot, rock back onto right foot
- &** Pivot a $\frac{1}{4}$ turn to the left on ball of right foot
- 3-4** Take a long step to the left on left foot, drag right foot next to left and touch
- 5&6** Kick right foot forward, step right foot next to left, touch left heel forward
- &** Step left foot next to right
- 7-8** Tap right toe next to left twice

MODIFIED MONTEREY TURN, MONTEREY CROSS, UNWIND, TO THE LEFT MILITARY PIVOT

- 9-10** Touch right toe to the right, pivot a $\frac{1}{2}$ turn to the right on ball of left foot and step right foot next to left
- 11-12** Touch left toe to the left, cross left foot behind right
- 13-14** Unwind $\frac{3}{4}$ turn to the left and shift weight to left foot
- 15-16** Step forward on right foot, pivot a $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot

SIDE STEP RIGHT, BEHIND, ROMP, STEP-CROSS, SIDE STEP LEFT, BEHIND, ROMP, STEP-CROSS

- 17-18** Step to the right on right foot, cross left foot behind right and step
- &19** Step back and diagonally to the right on right foot, touch left heel forward and diagonally to the left
- &20** Step left foot to home, cross right foot over left and step
- 21-22** Step to the left on left foot, cross right foot behind left and step
- &23** Step back and diagonally to the left on left foot, touch right heel forward and diagonally to the right
- &24** Step right foot to home, cross left foot over right and step

UNWIND WITH BELLY ROLL, CROSS, STEP BACK, TOGETHER, TO THE RIGHT MILITARY PIVOT

- 25-28** Slowly unwind $\frac{1}{2}$ turn to the right while rotating belly two full revolutions in a to the right circular motion and shift weight to left foot
- 29-30** Cross right foot over left and step, step back on left foot
- &** Step right foot next to left
- 31-32** Step forward on left foot, pivot a $\frac{1}{2}$ turn to the right on ball of left foot and shift weight to right foot

REPEAT