

# Listen to Mum's Words

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**Count:** 64      **Wall:** 2      **Level:** Phrased Improver

**Choreographer:** Chen Ping(陈平) (May 2017)

**Music:** [ ] [ ] [ ] [ ] [ ] [ ] by [ ] [ ] The length of the music: 4'25"

## Introduction : 16 Count intro.

### Section 1: WALK R,L; OUT, OUT, IN, IN; POINT; RIGHT SAILOR STEP, RIGHT HITCH POINT

1 - 2      Step R forward, step L forward,

&3 &4      Out, Out, In, In : Step forward on R, Step forward on L, Step back on R, Step back on L,

5      Touch right foot to right side,

**6&7R. Sailor step: Cross R foot behind L, step L to L side, step R to R side ,**

&8      Hitch R, Touch right foot to right side

### Section 2: WALK R,L; MAMBO ½ TURN RIGHT; WALK L,R; CHASSE LEFT ON LEFT DIAGONAL; TOUCH

1 - 2      Step R forward, step L forward,

3 & 4      Rock fwd on R (3), Recover on L (&), Turn ½ R stepping fwd. R (3), - 6 o'clock

5 - 6      Step L forward, step R forward,

7& 8&      Shuffle forward on left In L diagonal, (L-R-L), Touch R beside L (&), - 6 o'clock'

### Section 3: STEP TOUCH, STEP TOUCH, CHASSE R, SAILOR ¼ L, MAMBO RIGHT WITH HIP BUMP

1& 2&      Step R to right side (1) ,Touch L next R (&), Step L to left side (2), Touch R next to L (3)

3 & 4      Chassé to right side, (R-L-R)

**5 &6L. Sailor step with a ¼ turn left: Cross L foot behind R, Step R to R , Step L to L side with ¼ turn L - 3 o'clock**

**7&8R. mambo with a bump : Rock step out to R, recover weight on L, Step R next to L with hip bump**

**STYLING NOTE : (Bend your knees) when you do the mambo**

#### **Section 4: SIDE TOGETHER - CHASSE LEFT - STEP TOUCH ¼ LEFT X2 TOUCH FORWARD - BOUNCEx2 ¼ L**

- 1-2** Step L to left side, step R next to L
- 3&4** Chassé left (L-R-L)
- 5&** Pivoting ¼ left step right to right side (weight on right) (5), Touch left next to right (&), - 12 o'clock
- 6&** Pivoting ¼ left step left forward (weight on left) (6), scuff right foot (&), - 9 o'clock
- 7&8** Step R forward (7) , Bounce 1/8 L (&) Bounce 1/8 left (8) weight on L - 6 o'clock

#### **TAG: 4 COUNTS AT THE END OF WALL 7, FACING 12 O'CLOCK**

**1-2: Body roll : With R foot forward make a forward body roll over to L foot on a count of**

**3-4: Body roll : With R foot forward make a forward body roll over to L foot on a count of**

#### **Easy option for the TAG**

**1-2-3-4: Rocking Chair : Rock step R forward, recover on L foot, rock step R backwards, recover on L foot.**

**A big thank you to my friend Greg, who does the English translations for all my dances.**

**DON'T FORGET TO SMILE AND HAVE FUN - PEOPLE MAY BE WATCHING!**

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