

# HURTS SO BAD

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Julie Dowse

**Music:** Hurts So Bad by Anthony Callea

## **SIDE ROCK, REPLACE, LOCK SHUFFLE, ¼ TURN, STEP BEHIND, ¼ TURN, SHUFFLE FORWARD**

**1-2-3&4** Rock/step right to right, replace weight to left, step right forward, lock left behind right, step forward right

**5-6-7&8** ¼ turn right stepping left to left, cross/step right behind left, ¼ turn left shuffle forward - left, right, left (12:00)

## **STEP FORWARD, STEP TOGETHER, BACK COASTER, ROCK, REPLACE, ½ SHUFFLE**

**1-2-3&4** Step right forward, step left beside right, step right back, & step left beside right, step right forward

**5-6-7&8** Rock/step left forward, replace weight to right, ½ shuffle over left - left, right, left (6:00)

## **STEP FORWARD, ¼ PIVOT LEFT, CROSS SHUFFLE LEFT, STEP FORWARD, ¼ PIVOT LEFT, CROSS/STEP STOMP, STOMP**

**1-2-3&4** Step right forward, ¼ pivot left, cross shuffle left -(right over left) - right, left, right, (3:00)

**5-6-7&8** Step left forward, ¼ pivot right, cross/step left over right, & stomp right out to right, stomp left out to left (weight left) (6:00)

## **SAILOR BACK RIGHT, LOCK SHUFFLE BACK, ROCK BACK, REPLACE, FULL TURN LEFT FORWARD**

**1&2-3&4** Cross/step right behind left, & step left to left, rock center on right, step left back, lock right over left, step back left

**5-6-7-8** Rock/step right back, replace weight to left, full turn forward over left- right, left (weight left) (6:00)

## **STEP SIDE, BEHIND, SIDE STEP, STEP TOGETHER, ¼ TURN STEP FORWARD, ¼ HINGE RIGHT, REPLACE WEIGHT, ½ HINGE LEFT, ½ HINGE LEFT**

**1-2-3&4** Step right to right, cross/step left behind right, step right to right, & step left beside right, ¼ turn right stepping right forward (9:00)

**5-6-7-8<sup>1</sup>/<sub>4</sub> hinge over right rocking left to left, replace weight to right, <sup>1</sup>/<sub>2</sub> hinge over left stepping left to left, <sup>1</sup>/<sub>2</sub> hinge over left stepping right to right. (12:00)**

**STEP BEHIND, SIDE STEP, CROSS SHUFFLE RIGHT, ROCK, REPLACE, <sup>3</sup>/<sub>4</sub> TURN RIGHT TRIPLE STEP**

**1-2-3&4** Step/cross left behind right, step right to right, cross shuffle right - (left over right) - left, right, left

**5-6-7&8** Rock/step right to right, replace weight to left, <sup>3</sup>/<sub>4</sub> triple step turn over right - right, left, right (9:00)

**STEP FORWARD, STEP BESIDE, SYNCOPATED VINE RIGHT, <sup>1</sup>/<sub>4</sub> TURN LEFT, <sup>1</sup>/<sub>4</sub> TURN LEFT SIDE SHUFFLE RIGHT**

**1-2-3&4** Step left forward, step right beside left, cross/step left behind right, & step right to right, cross/step left over right (9:00)

**5-6-7&8<sup>1</sup>/<sub>4</sub> turn left stepping back on right, <sup>1</sup>/<sub>4</sub> turn left stepping left to left, side shuffle to right - right, left, right (3:00)**

**ROCK FORWARD, REPLACE, BALL STEP, ROCK FORWARD, REPLACE, BALL STEP, STEP FORWARD, <sup>1</sup>/<sub>4</sub> PIVOT CROSS SHUFFLE RIGHT**

**1-2&3-4&** Rock/step left forward, replace weight to right, & step left beside right, rock/step right forward, replace weight to left, & step right beside left (weight right)

**5-6-7&8** Step left forward, <sup>1</sup>/<sub>4</sub> pivot right, cross shuffle right -(left over right) -left, right, left (6:00)

**REPEAT**

**RESTART**

**Restart occurs on wall 2. Dance the first 32 counts then restart dance facing front wall**