

Cowgirl Rockin'

LINEDANCE.COM

Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: The Twins (Glynn Beauchamp & Patsy Fay) – Bay Of Plenty, NZ (Sept 2016)

Music: Cowgirl Rockin' By Alice Benfer. Album: Cowgirl Rockin' EP

Intro: 16 Counts

S1: MODIFIED V STEP, COASTER, STEP - LOCK - STEP, ROCK RECOVER

- 1 - 2 - 3 & 4** On Right Diagonal Step Forward On Right, On Left Diagonal Step Forward On Left, Step Back On Right (3), Close Left Beside Right (&), Step Forward On Right (4)
- 5 & 6** Step Forward On Left (5), Lock Right Behind Left (&), Step Forward On Left (6)
- 7 - 8** Rock Forward On Right, Recover Onto Left

S2: REVERSE STEP - LOCK - STEP, SHUFFLE ½ TURN, ¼ PIVOT, ¼ PIVOT

- 1 & 2** Step Back On Right (1), Cross Left Over Right (&), Step Back On Right (2)
- 3 & 4** Making ½ Turn Left Shuffle Forward Stepping Left (3) - Right (&) - Left (4)
- 5 - 6 - 7 - 8** Step Forward On Right, ¼ Pivot Left, Step Forward On Right, ¼ Pivot Left

S3: TOE STRUTS RIGHT - LEFT, ¼ PIVOT - FORWARD, TOE STRUTS LEFT - RIGHT, ¼ PIVOT - FORWARD

- 1 & 2 & 3 & 4** Touch Right Toe Forward (1), Drop Heel (&), Touch Left Toe Forward (2), Drop Heel (&), Step Forward On Right (3), ¼ Pivot Left (&), Step Forward On Right (4)
- 5 & 6 & 7 & 8** Touch Left Toe Forward (5), Drop Heel (&), Touch Right Toe Forward (6), Drop Heel (&), Step Forward On Left (7), ¼ Pivot Right (&), Step Forward On Left (8)

S4: SWAY RIGHT - LEFT - RIGHT - LEFT, JAZZ BOX ¼ TURN

- 1 - 2 - 3 - 4** Sway Hips Right - Left - Right - Left
- 5 - 6 - 7 - 8** Cross Right Over Left, Making ¼ Turn Right Step Back On Left, Step Right To Side, Close Left Beside Right (3 O'Clock)

S5: SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER

- 1 & 2** Side Shuffle Stepping Right (1) - Left (&) - Right (2)
- 3 - 4** Rock Back On Left, Recover Onto Right
- 5 & 6** Side Shuffle Stepping Left (5) - Right (&) - Left (6)

7 - 8 Rock Back On Right, Recover Onto Left

S6: ¼ PIVOT - FORWARD, ¼ PIVOT - FORWARD, KICK - BALL - TOUCH, KICK - BALL - TOUCH

- 1 & 2** Step Forward On Right (1), ¼ Paddle Left (&), Step Forward On Right (2)
- 3 & 4** Step Forward On Left (3), ¼ Paddle Right (&), Step Forward On Left (4)
- 5 & 6** Kick Right Forward (5), Close Right Beside Left (&), Touch Left Beside Right (6)
- 7 & 8** Kick Left Forward (7), Close Left Beside Right (&), Touch Right Beside Left (8) (3 O'Clock)

REPEAT

RESTARTS:-

On Wall 2 After 32 Counts (Facing 6 O'Clock), Wall 3 After 32 Counts (Facing 9 O'Clock), Wall 5 After 32 Counts (Facing 3 O'Clock), Wall 6 After 32 Counts (Facing 6 O'Clock) & Wall 7 After 32 Counts (Facing 9 O'Clock) There Is A Restart

NOTE: All Restarts Take Place After Jazz Box ¼ Turn

ENDING: Dance Ends On Completion Of Wall 8 (Facing 12 O'Clock)

This dance is dedicated to Debbie Paul who first heard this track on the Radio & suggested it to her Mum, Patsy that she listen to it.

Contact: yotties49@gmail.com