

# BLUES STEW

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Kay Romero

**Music:** Blues Stew by Kenny Neal

## WALK, WALK, KICK, KICK, BACK, BACK, COASTER STEP

- 1-2** Walk forward (step right foot forward, step left foot forward)
- 3** Kick right foot towards 12:00 while pointing right index finger towards 12:00, (optional: finger points)
- 4** Pivoting on ball of left foot kick right foot towards 3:00 while pointing right index finger towards 3:00
- 5-6** Step right foot towards 6:00 completing  $\frac{1}{2}$  turn right, pivot on ball of right foot  $\frac{1}{2}$  turn right and step back on left foot
- 7&8** Step right foot back, step left foot next to right foot & step right foot forward

## WALK, WALK, KICK, KICK, BACK, BACK, COASTER STEP

- 1-2** Walk forward (step left foot forward, step right foot forward)
- 3** Kick left foot towards 12:00 while pointing left index finger towards 12:00, (optional: finger points)
- 4** Pivoting on ball of right foot kick left foot towards 9:00 while pointing left index finger towards 9:00
- 5-6** Step left foot towards 6:00 completing  $\frac{1}{2}$  turn left, pivot on ball of left foot  $\frac{1}{2}$  turn left and step back on right foot
- 7&8** Step left foot back, step right foot next to left foot & step left foot forward

## SYNCOPATED STEPS, SCOOSH AND STEP

- 1&2** Shove right foot forward, lift right foot and step in place
- 3&4** Shove left foot forward, lift left foot and step in place
- 5-6** Step right foot forward, hold one count
- &7-8** Scooch (slide) left foot behind right foot & step right foot forward, hold one count

## ROCK, RETURN, $\frac{1}{4}$ TURN RIGHT -SIDE SHUFFLE, $\frac{1}{2}$ TURN RIGHT -SIDE SHUFFLE, $\frac{1}{2}$ TURN LEFT- SIDE SHUFFLE

**&1-2** Step on ball of left foot & step right foot forward, rock back on left foot

**3&4** Pivot on ball of left foot  $\frac{1}{4}$  turn right & side shuffle = right- left- right

**5&6 $\frac{1}{2}$  turn right on ball of right foot & side shuffle (left, right, left)**

**7&8 $\frac{1}{2}$  turn left on ball of left foot & side shuffle (right, left, right)**

### **ROCK, ROCK, CROSS, SIDE, CROSS, ROCK, ROCK, CROSS, SIDE, CROSS**

**1-2** Rock left placing weight on ball of left foot, rock right placing weight on ball of right foot

**3&4** Cross left foot over right foot and cross shuffle (left, right, left)

**5-6** Rock to right side onto right foot, rock to left side onto left foot

**7&8** Cross right foot over left foot and cross shuffle (right, left, right)

### **$\frac{1}{2}$ TURN SYNCOPATIONS: HEEL, HOLD, HEEL, HOLD, HEEL, HOLD, CROSS, HOLD**

**&1-2** Turning  $\frac{1}{3}$  of the half turn left step back on left foot, tap right heel forward, hold

**&3-4** Turning  $\frac{1}{3}$  of the half turn left step back on right foot, tap left heel forward, hold

**&5-6** Turning  $\frac{1}{3}$  of the half turn left step back on left foot, tap right heel forward, hold

**&7-8** Step right foot center, cross left foot over right foot, hold

### **TRAVELING RIGHT: SHUFFLE RIGHT, CROSS SHUFFLE, SHUFFLE RIGHT, ROCK, STEP**

**1&2** Right side shuffle (right, left, right)

**3&4** Cross left foot in front of right foot and shuffle (left, right, left)

**5&6** Right side shuffle (right, left, right)

**7-8** Rock back on left foot, replace weight on right foot in place, rock back, replace

### **TRAVELING LEFT: SHUFFLE LEFT, CROSS SHUFFLE, SHUFFLE LEFT, ROCK, STEP**

**1&2** Left side shuffle (left, right, left)

**3&4** Cross right foot in front of left foot and shuffle right, left, right

**5&6** Left side shuffle (left, right, left)

**7-8** Rock back on right foot, replace weight on left foot in place, rock back, replace

### **REPEAT**