

Celtic Na La

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** High Newcomer

Choreographer: Syndie BERGER (Dec 2014)

Music: ORLA FALLON - Ni Na La

Intro : 24 counts

SECT-1: CROSS HEEL GRIND TWICE (or CROSS ROCK) - STEP ½ TURN - TRIPLE STEP FORWARD

1 - 2 Cross R heel over L foot - Step L to L side (R toe turning to the R)

&RF beside LF

3 - 4 Cross L heel over R foot - Step R to R side (L toe turning to the L)

&LF beside RF

5 - 6RF forward - Pivot ½ turn L (face 6:00)

7 & 8RF forward - LF behind RF (&) - RF forward (triple step)

**** Easy version : During counts 1-2 & 3-4, replace heel grind by cross rock.**

SECT-2: CROSS HEEL GRIND TWICE - STEP ½ TURN - TRIPLE STEP FORWARD

1 - 2 Cross L heel over R foot - Step R to R side (L toe turning to the L)

&LF beside RF

3 - 4 Cross R heel over L foot - Step L to L side (R toe turning to the R)

&RF beside LF

5 - 6LF forward - Pivot ½ turn R (face 12:00)

7 & 8LF forward - RF behind LF (&) - LF forward (triple step)

**** Easy version : During counts 1-2 & 3-4, replace heel grind by cross rock.**

**** TAG : Wall 2 (face 6:00) and wall 4 (face 12:00), add 8 counts and restart the dance from the top.**

**** FINAL : Wall 8 (face 6:00), replace counts 5-6-7-8 by final and finish to face front wall.**

SECT-3: SIDE ROCK - BEHIND-SIDE-CROSS - SIDE ROCK - BEHIND-SIDE-CROSS

1 - 2RF to R side - Recover

3 & 4 Cross RF behind LF - LF to L side (&) - Cross RF over LF

5 - 6LF to L side - Recover

7 & 8 Cross LF behind RF - RF to R side (&) - Cross LF over RF

SECT-4: JAZZ BOX WITH ½ TURN - HEEL SWITCH - BIG STEP FORWARD - TOGETHER

1 - 2 Cross RF over LF - Step back on LF with ¼ turn to the R (face 3:00)

3 - 4RF forward with ¼ turn to the R (face 6:00) - LF beside RF

5 & 6R heel forward - RF beside LF (&) - L heel forward

& 7-8LF beside RF (&) - Big step forward on RF - LF beside RF (weight on LF)

RESTART THE DANCE FROM THE TOP AND KEEP SMILE !!!

**** TAG After 16 counts on wall 2 (face 6:00) and wall 4 (face 12:00), add 8 counts and Restart the dance from the top :**

SECT-1 HEEL SWITCH - CLAP TWICE - HEEL SWITCH - CLAP TWICE

1 & 2R heel forward - RF beside LF (&) - L heel forward

& 3LF beside RF (&) - R heel forward

& 4 Clap your hands twice

&RF beside LF (&)

5 & 6L heel forward - LF beside RF (&) - R heel forward

& 7RF beside LF (&) - L heel forward

& 8 Clap your hands twice

&LF beside RF (weight on L)

**** FINAL At wall 8 (face 6:00), replace section 2 by this final to finish face front :**

1 - 2 Cross L heel over R foot - Step R to R side (L toe turning to the L)

&LF beside RF

3 - 4 Cross R heel over L foot - Step L to L side (R toe turning to the R)

&RF beside LF

5 - 6LF forward - Pivot ½ turn R (face 6:00)

7 - 8LF forward - Pivot ½ turn R and put your arms up in « V ».

Contact : petitesyndie@hotmail.fr - Website : <http://petitesyndie.wix.com/syndieberger>

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=103629