

# A Hold On Me

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**Count:** 36      **Wall:** 4      **Level:** Improver / Intermediate

**Choreographer:** dj Dan (July 2016)

**Music:** Country Music Got A Hold On Me - Kenny Vaughan (iTunes)

## **Intro: 32 counts**

### **JAZZ BOX CROSS, CHASSE, BACK ROCK**

- 1-4**      Cross Right over Left, Step Left back, Step Right to right side, Cross Left over Right
- 5&6**      Step Right to right side, Step Left next to Right, Step Right to right side
- 7-8**      Rock back on Left, Recover onto Right

### **STEP SIDE, SLAP IN FRONT, STEP SIDE, SLAP BEHIND, STOMP, 3 x HEEL BOUNCE 1/4 TURN RIGHT**

- 1-2**      Step Left to left side, Slap Right foot with Left hand in front of Left foot
- 3-4**      Step Right to right side, Slap Left foot up behind Right with Right hand
- 5**      Step Left to left side with stomp

### **6-83 heel bounces making 1/4 turn right, weight ends on Left [3]**

### **TOE STRUT BACK x 2, ROCK BACK, STEP FORWARD, PIVOT 3/4 TURN LEFT**

- 1-2**      Step back on Right toe, Drop Right heel-click fingers with both hands on right side
- 3-4**      Step back on Left toe, Drop Left heel-click fingers with both hands on left side
- 5-8**      Rock back on Right, Recover onto Left, Step forward on Right, Pivot 3/4 turn left [6]

### **HEEL STRUT FORWARD x 2, HEEL GRIND 1/4 TURN RIGHT, BACK ROCK**

- 1-2**      Step forward on Right heel, drop Right toe with clap
- 3-4**      Step forward on Left heel, drop Left toe with clap
- 5-6**      Touch Right heel forward, Grind 1/4 turn right step Left back
- 7-8**      Rock back on Right, Recover on to Left [9]

## **Restart -Wall 5**

### **STEP TO RIGHT, TOUCH, STEP TO LEFT, TOUCH**

- 1-2**      Step Right to right side, Touch Left toe next to Right

**3-4** Step Left to left side, Touch Right toe next to Left

**Restart on wall 5 :**

**Dance the first 32 counts, then Restart dance from beginning [9]**

**Ending :**

**On the last wall dance up to count 28, then Step forward on Right, Pivot 1/2 turn left, step forward on Right, Hold [12]**

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