

MMM Bop

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kelly Kaylin

Music: MMM Bop by The Hansons

32 count intro start on lyrics

SIDE TOUCH & SIDE TOUCH & HEEL TOUCH FORWARD & HEEL TOUCH FORWARD, TOE BACK, HOLD, HEEL FORWARD, HOLD

- 1&2** Touch left toe to left side, step left next to right, touch right to right
- &3&4** Step right next to left, touch left heel forward, step left next to right, touch right heel forward
- &5- 6** Step right next to left, touch left toe back, hold
- &7-8** Step left next to right, touch right heel forward, hold

SAILOR STEP, SAILOR STEP, FORWARD COASTER STEP, BACK COASTER STEP

- 1&2** Cross right behind left and step, step left to side, step right to side
- 3&4** Cross left behind right and step, step right to side, step left to side
- 5&6** Step right forward, step left together, step right back
- 7&8** Step left back, step right together, step left forward

CROSS, &, HEEL, &, BEHIND, SIDE, CROSS, &, HEEL, HOLD, &, CROSS, HOLD

- 1&2** Cross right over left and step, step left back, extend right heel forward on a 45-degree angle (weight is on left)
- &3&4** Step down on right, cross left behind right and step, Step right to side, cross left over right
- &5-6** Step right back, extend left heel forward on a 45 degree angle (weight is on right), Hold
- &7-8** Step down on left, cross right over left and step (weight ends on right), Hold

&, CROSS, &, HEEL, &, BEHIND, SIDE ,CROSS, &, HEEL, HOLD, &, CROSS, UNWIND 1/4

- &1&2** Keeping right crossed over left step left to side, step left to side with right, Step left back, extend right heel forward on a 45-degree angle (weight is on left)
- &3&4** Step down on right, cross left behind right and step, Step right to side, cross left over right
- &5-6** Step right back, extend left heel forward on a 45 degree angle (weight is on right), Hold

&7-8 Step down on left, cross right over and step, On the balls of both feet swivel $\frac{1}{4}$ left with weight ending on right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=83530