

**Count:** 64      **Wall:** —      **Level:** —

**Choreographer:** Deb Crew

**Music:** Day Off by Ronnie McDowell

## RUNNING MAN & 3-STEP SHUFFLES (MOVING FORWARD)

- 1&**      Step forward on left, slide back on left hitching right knee
- 2&**      Step forward on right, slide back on right hitching left knee
- 3&4**      One 3-step shuffle forward: (left-right-left)
- 5&**      Step forward on right, slide back on right hitching left knee
- 6&**      Step forward on left, slide back on left hitching right knee
- 7&8**      One 3-step shuffle forward: (right-left-right)

## 3-STEP SHUFFLES MOVING BACKWARDS

- 9&10**      One 3-step shuffle backwards (cross left behind right on first step of shuffle) weight on left
- 11&12**      One 3-step shuffle backwards (cross right behind left on first step of shuffle) weight on right

## SYNCOPATED STEPS & CLAPS

- &13**      Step out left, step out right (feet are slightly apart) weight on right
- &14**      Step in with left, step right over left (legs are crossed) weight on right
- &15**      Step out left, step out right (feet are slightly apart) weight on right
- &16**      Clap, clap

- 17-32**      Repeat steps 1-16 (shift weight to left foot on count 32)

## RIGHT KICK-BALL-CHANGE; BALL-CHANGE; BALL-TOUCH

### Moving to the right on the ball-change steps-like the electric slide

- 33&34**      Kick right forward, step down on ball of right foot, step left beside right
- &35**      Step side right on ball of right foot, step ball of left foot beside right
- &36**      Step side right on ball of right foot, touch left beside right weight on right

## SLIDE-TOGETHER-SLIDE-KICK (SYNCOPATED)

- &37** Step side left on ball of left foot, step ball of right together with left
- &38** Step side left on ball of left foot, kick right foot forward
- &39** Step side right on ball of right foot, step ball of left together with right
- &40** Step side right on ball of right, touch left beside right weight on right

### **LEFT KICK-BALL-CHANGE; BALL-CHANGE; BALL-TOUCH**

#### **Moving to the left on the ball-change steps-like the electric slide**

- 41&42** Kick the left forward, step down on ball of left foot, step right beside left
- &43** Step side left on ball of left foot, step ball of right foot beside left
- &44** Step side left on ball of left foot, touch right beside left weight on left

### **SIDE-TOGETHER-SIDE-KICK (SYNCOPATED)**

- &45** Step side right on ball of right foot, step ball of left together with right
- &46** Step side right on ball of right, kick left foot forward
- &47** Step side left on ball of left foot, step ball of right together with left
- &48** Step side left on ball of left foot, touch right beside left

### **HALF-VINES, SHUFFLES & ¼ TURNS**

- 49-50** Step side right, step left behind right
- 51&52** One 3-step shuffle on-the-spot (right-left-right)
- 53-54** Step side left, step right behind left
- 55&56** One 3-step shuffle on the spot (left-right-left)
- 57-58** Step forward right, ¼ turn left weight on left
- 59-60** Step forward right, ¼ turn left weight on left

### **WALK FORWARD; SHUFFLE IN PLACE**

- 61-62** Walk forward right, forward left
- 63-64** One 3-step shuffle on-the-spot (right-left-right)

### **REPEAT**

### **TAG**

**For the song "Day Off" only, after repetition 3**

**1-2** Clap twice

**Start from step 1**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=34903](https://www.linedance.com/index.php?f=dance_view&id=34903)