

# Change

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**Count:** 32

**Wall:** 4

**Level:** Intermediate NC2S

**Choreographer:** Junior Willis and Craig Bennett

**Music:** "Change" by Carrie Underwood

## Start 16 Counts into music...

### NC2 Basic, Step $\frac{1}{4}$ Left, $\frac{1}{2}$ turn, Rock, Recover, $\frac{1}{2}$ turn, $\frac{1}{4}$ turn, Step across, $\frac{1}{4}$ turn, Rock

- 1-2&** Step R to right side, slide L behind R, recover on R
- 3-4&** Step L forward with  $\frac{1}{4}$  left, step R forward with  $\frac{1}{2}$  left, rock back on L (3:00)
- 5&6-7** Recover on R, step L forward with  $\frac{1}{2}$  right, step R out to R with  $\frac{1}{4}$  R, step L across R (12:00)  
(opening body up to right diagonal)
- 8&** Step R out to right while making  $\frac{1}{4}$  turn left, rock back on L (9:00)

### Recover, Sweep, Coaster, $\frac{1}{2}$ Pivot, Step forward, $\frac{1}{2}$ Turn, $\frac{1}{4}$ Turn, Rock, Recover, Step out

- 1-2&** Recover forward on R, sweep L around to front of R putting weight on L, step back on R
- 3&4** Step L next to R, step forward on R, turn  $\frac{1}{2}$  to left putting weight on L (3:00)
- 5-6&** Step R forward, step L forward with  $\frac{1}{2}$  turn right, step R out with  $\frac{1}{4}$  turn right (12:00)
- 7&8** Rock L behind R, recover on R, step L out to L (while sliding R toward L)

### Rock, Recover, $\frac{1}{2}$ turn, Rock, Touch, Full Turn, Step, Chase $\frac{1}{2}$ turn with touch

- 1-2&** Rock R behind L coming up on toes of L, recover on L, step R forward with  $\frac{1}{2}$  turn (6:00)
- 3&** Rock L behind R, touch R toes in front of L
- 4&5** Step R forward with  $\frac{1}{4}$  turn R, step L forward with  $\frac{1}{4}$  turn R, step R forward with  $\frac{1}{2}$  turn R (6:00)
- 6-7&8** Step L forward, step R forward,  $\frac{1}{2}$  pivot left putting weight on L, touch R next to L (12:00)

### NOTE: 4&5 should all be in one fluid motion to make the turn

### Cross step, Cross step, Chase $\frac{1}{4}$ turn, Press, Sweep $\frac{1}{2}$ turn, Behind-Side-Cross, Sway, Sway

- 1-2** Step R over L (raising leg up slightly), step L over R (raising leg up slightly)

- 3&4&** Rock R out to R, recover on L with  $\frac{1}{4}$  turn L, step R forward, press ball of L forward (9:00)
- 5-6** Step down on R while sweeping L around with  $\frac{1}{2}$  turn to L, step L behind R (3:00)
- &7** Step R out to R, cross step L over R
- 8&** Step R slightly out to right and sway hips to right, sway hips to left putting weight onto left

**Begin Again.....**

**1st Restart:**

**Happens on the second wall after the first 16 counts**

**2nd Restart:**

**Happens on the third wall after the first 28& counts**

**(do the press on the left, then start the dance at the top)**