

# All Star

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**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Jonathan Williamson (UK) – April 2010

**Music:** All Star by Smash Mouth (128bpm)

**No tags no restarts - but you will sing along!!!**

**Start dance: The vocals start immediately so begin the dance at the end of the first verse after the word "Well"**

**RIGHT SIDE TOGETHER. RIGHT CHASSE, JAZZ BOX ¼ TURN WITH A TOUCH**

- 1-2            Step right foot to right side, step left foot next to right
- 3&4           Step right foot to right side, step left foot next to right, step right foot to right side
- 5-6           Step left foot across right, step back on right foot
- 7-8           Step back on left foot making ¼ turn over left shoulder, touch right foot next to left. (9 o'clock)

**RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS, STEP BACK RIGHT, LEFT ¼ TURN FORWARD RIGHT SHUFFLE**

- 1&2           Rock right to right side, recover weight onto left, cross right over left.
- 3&4           Rock left to left side, recover weight back onto right, cross left over right.
- 5-6           Step back on right foot, step left to left side making ¼ turn left(6 o'clock)
- 7&8           Step forward on right foot, step left next to right, step forward on right foot.

**LEFT CROSS, SIDE, BEHIND SIDE CROSS, RIGHT ROCK, RECOVER, RIGHT CROSS SHUFFLE**

- 1-2           Cross left foot over right, step right to right side.
- 3&4           Step left foot behind right, step right to right side, cross left foot over right.
- 5-6           Rock right to right side, recover weight back onto left foot.
- 7&8           Cross right foot over left, step left to left side, cross right foot over left

**LEFT SIDE TOGETHER FORWARD, RIGHT MAMBO STEP, WALK BACK LEFT, RIGHT, LEFT COASTER STEP**

- 1&2           Step left to left side, step right next to left, step left foot forward.

**3&4** Rock forward on right foot, recover weight back on left, step back on right foot.

**5-6** Walk back left, right.

**7&8** Step back on left foot, step right next to left, step forward on left foot.

**Repeat**

**If you have any queries email me at: [wiland@talktalk.net](mailto:wiland@talktalk.net)**

**Last Update - 22nd Aug 2015**