

Freak The Beat

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: Jonathan Williamson (UK) March 2014

Music: I'm a Freak (feat. Pitbull) by Enrique Iglesias (128 BPM) Sex and Love Album

Start Dance: Count 48 (22 seconds) from beginning of track

WALK ,WALK, OUT, OUT, STEP KNEE DIPS X2

- 1-2 Walk forward right, left
- &3-4 Step right to right side, step left to left side, step forward on right
- 5-6 Bending at knees 'sit' down, stand back up keeping weight on left
- 7-8 Bending at knees 'sit' down, stand back up keeping weight on left

CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS SHUFFLE

- 1-2 Cross right over left, step left to left side
- 3-4 Step right behind left, sweep left foot from front to back
- 5-6 Step left behind right, step right to right side
- 7&8 Cross left over right, step right to right side, cross left over right

¼, ½, ½ SHUFFLE, ROCK, RECOVER, COASTER STEP

1-2¼ turn right stepping forward right, ½ turn right stepping back left

3&4½ turn right stepping forward right, step left besides right, stepping forward right

- 5-6 Rock forward left, recover weight back on right
- 7&8 Step back left, step right besides left, step forward left

FORWARD, SIDE, SWITCH AND SWITCH, CROSS POINT, SIDE POINT, HITCH AND STEP

- 1-2 Point right toe forward, point right toe to right side
- &3&4 Step right besides left, point left to left side, step left besides right, point right to right side
- 5-6 Point right across left, point right to right side
- 7-8 Hitch right knee , step forward right

KICK BALL CROSS X2, ROCK, RECOVER, BEHIND SIDE CROSS

- 1&2 Kick left to left diagonal, step left besides right, cross right over left

- 3&4** Kick left to left diagonal, step left besides right, cross right over left
- 5-6** Rock left to left side, recover weight back on right
- 7&8** Step left behind right, step right to right side, cross left over right

KICK BALL CROSS, AND CROSS, SIDE, ROCK RECOVER, SHUFFLE ½ TURN

- 1&2** Kick right to right diagonal, step right besides left, cross left over right
- &3-4** Step right to right side, cross left over right, step right to right side
- 5-6** Rock back left, recover weight forward on right

7&8½ turn right stepping back on left, step back right besides left, step back left

ROCK RECOVER, ½ TURN X2, RIGHT SHUFFLE, STEP ¼ TURN

- 1-2** Rock back right, recover weight forward on left
- 3-4½ turn left stepping back right, ½ turn left stepping forward left**
- 5&6** Step forward right, step left besides right, step forward right
- 7-8** Step forward left, ¼ turn left

CROSS, SIDE, SAILOR STEP, CROSS, ¼, ¼, STEP

- 1-2** Cross left over right, step right to right side
- 3&4** Sweep left behind right, step right to right side, step left besides right
- 5-6** Cross right over left, ¼ turn right stepping back left

7-8¼ turn right stepping forward right, step forward left

ENDING: Dance finishes on step 32 of wall 7.

To end dance, after hitch step (31), ¼ turn left stepping forward left to finish dance on front wall.

Contact: williamsonmiff1972@gmail.com