

MONDAY ITIS

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Count: 64 **Wall:** — **Level:** —

Choreographer: Simon Ward & Justine Shuttleworth

Music: Except For Monday by Lorrie Morgan

- 1-2** Step forward on right, step forward on left
- 3-4** Step forward on right, pivot $\frac{1}{4}$ turn left
- 5-6** Step forward on right, pivot $\frac{1}{4}$ turn left
- 7-8** Stomp right beside left, stomp left beside right

- 9-12** Vine right-left-right turning $\frac{1}{4}$ turn right, slap left behind right with right hand
- &13** Step back on left, touch right heel forward
- &14** Step back on right, touch left heel forward
- 15-16** Raise & slap outside of left foot with left hand, step left next to right

- 17-20** Step right to side, hold, step left behind right, hold
- 21-24** Step right to side, hold, step left beside right, hold

- 25-28** Step forward on right heel, slap right toe down, step forward on left heel, slap left toe down
- 29-32** Jump forward on both feet, hold, click both heels twice

- 33-36** Touch right heel forward, hop on left turning $\frac{1}{4}$ turn right hitching right knee, repeat
- 37-40** Step forward on right heel, slap right toe down, step forward on left heel, slap left toe down

- 41-42** Step onto right crossing over left, step back on left
- 43-44** Step right to right side (feet shoulder width apart), hold
- 55-46** Step onto left crossing over right, step back on right

- 47-48** Step left to left side (feet shoulder width apart), hold
- 49-50** Twist heels right, twist heels left
- 51-52** Twist heels right, twist heels left turning $\frac{1}{4}$ turn right taking weight onto left foot
- 53-54** Scuff ball of right foot back, scuff right heel forward
- 55-56** Scoot forward on left hitching right knee, step forward on right
- 57-58** Step forward on left slightly turning body to right with left hand on left thigh, hold
- 59-60** Repeat on right foot
- 61&** Step forward on left, step right beside left
- 62&** Step forward on left, step right beside left
- 63-64** Step forward on left, jump both feet together

REPEAT