

LA CHA CHA

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Count: 64

Wall: 4

Level: intermediate cha cha

Choreographer: Stephen Rutter

Music: La Llama by Chris Ice

STEP FORWARD, FORWARD ROCK, LOCK STEP BACK, BACK ROCK

- 1 Step forward on right
- 2-3 Rock forward on left, recover weight back onto right
- 4&5 Step back on left, lock right in front of left, step back on left
- 6-7 Rock back on right, recover weight forward onto left

CROSS ROCK, SWEEP, CROSS BEHIND, TOE TOUCH, CROSS ROCK, SWEEP, CROSS BEHIND, ¼ TURN RIGHT

- 8&1 Cross rock right over left, recover weight back onto left, sweep right around from front to back
- 2-3 Cross right behind left, touch left toe to left side
- 4&5 Cross rock left over right, recover weight back onto right, sweep left around from front to back
- 6-7 Cross left behind right, make a quarter turn right stepping forward on right

TRIPLE ½ TURN RIGHT, BACK ROCK, TRIPLE STEP, BACK ROCK

- 8&1 Make a half turn right stepping on left, right, left
- 2-3 Rock back on right, recover weight forward onto left
- 4&5 Triple step on the spot right, left, right
- 6-7 Rock back on left, recover weight forward onto right

LOCK STEP FORWARD, FORWARD ROCK, TOE TOUCH, BALL-CROSS, HEEL BOUNCE X3 MAKING ½ TURN RIGHT, STEP BACK, CLOSE

- 8&1 Step forward on left, lock right behind left, step forward on left
- 2&3 Rock forward on right, recover weight back onto left, touch right toe beside left
- &4 Step weight down onto right, cross left over right
- 5-7 Bounce heels 3 times making a half turn right
- 8& Step back on right, close left beside right

When dancing wall 3, restart here. You will be facing 9:00 (left hand side wall) at this point. The step forward at the beginning will make 8&1 into a coaster step, as it will do also when carrying on to section 5

STEP FORWARD, STEP LOCK, LOCK STEP FORWARD, FORWARD ROCK

- 1** Step forward on right
- 2-3** Step forward on left, lock right behind left
- 4&5** Step forward on left, lock right behind left, step forward on left
- 6-7** Rock forward on right, recover weight back onto left

SHUFFLE 1 ½ TURN RIGHT, FORWARD ROCK, LOCK STEP BACK, STEP BACK, SWEEP ¼ TURN LEFT

- 8&1** Make a half turn right stepping forward on right, make a half turn right stepping back on left, make a half turn right stepping forward on right (traveling forward)

Option: for dancers who don't like turning too much, you can just triple a half turn here

- 2-3** Rock forward on left, recover weight back onto right
- 4&5** Step back on left, lock right in front of left, step back on left
- 6-7** Step back on right, make a quarter turn left sweeping left foot around from front to back

SAILOR STEP, HIP SWAYS, SAILOR STEP, CROSS BEHIND, ¼ TURN RIGHT

- 8&1** Cross left behind right, step right to right side (taking weight), replace weight onto left
- 2-3** Sway hips right, left
- 4&5** Cross right behind left, step left to left side (taking weight), replace weight onto right
- 6-7** Cross left behind right, make a quarter turn right stepping forward on right

TRIPLE ½ TURN RIGHT, COASTER STEP, BALL-STEP, STOMP X3, STEP BACK, CLOSE

- 8&1** Make a half turn right stepping on left, right, left
- 2&3** Step back on right, close left beside right, step forward on right
- &4** Close left beside right, step right forward
- 5** Stomp left forward with toe turned out and knees slightly bent
- 6** Stomp right forward with toe turned out, straightening up left foot and with knees slightly bent

- 7 Stomp left forward with toe turned out, straightening up right foot and with knees slightly bent
- 8& Step back on right, close left beside right

When beginning dance again this will then turn 8&1 into a coaster step

REPEAT

RESTART

When dancing wall 3 just dance up to the end of section 4 then restart dance, you will be facing left hand side wall (9:00) at this point