

# LOST IN THE SHUFFLE

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**Count:** 56      **Wall:** —      **Level:** —

**Choreographer:** Ann Williams

**Music:** Lost In The Shuffle by Monty Holmes

**Position:** Start with man facing LOD, Lady on man's right facing RLOD. No Hand Hold

**ROCK, RECOVER, TRIPLE ½ TURN, ROCK, RECOVER, TRIPLE ½ TURN**

**1-4MAN:** Step and rock forward on right, recover back onto left, triple step on the spot stepping right, left, right making ½ turn right to face RLOD

**LADY:** Step and rock forward on right, recover back onto left, triple step on the spot stepping right, left, right making ½ turn right to face LOD

**5-8MAN:** Step and rock forward on left, recover back onto right, triple step on the spot stepping left, right, left, making ½ turn left to face LOD

**LADY:** Step and rock forward on left, recover back onto right, triple step on the spot stepping left, right, left, making ½ turn left to face RLOD

**Join right hands inside**

**MAN: ROCK, RECOVER, SHUFFLE, ROCKING CHAIR / LADY: STEP, PIVOT, SHUFFLE ½ TURN, ROCK, RECOVER, STEP, PIVOT**

**9-12MAN:** Step and rock back on right, recover forward onto left, right shuffle forward

**LADY:** Step right forward, pivot ½ turn left to face LOD, right shuffle making ½ turn left to face RLOD

**Raise right hands over lady's head as she turns**

**13-16MAN:** Step and rock forward on left, recover back onto right, step and rock back on left, recover forward onto right

**LADY:** Step and rock back on left, recover forward onto right, step left forward, pivot ½ turn right to face LOD

**Rejoin left hands in right side by side position**

### **STEP, BRUSH, SHUFFLE, STEP, BRUSH, SHUFFLE**

**17-20** Step left forward, brush right forward, right shuffle forward

**21-24** Step left forward, brush right forward, right shuffle forward

### **CROSS, BACK, ¼ TURN, POINT, ¼ TURN, ¼ TURN, BEHIND, POINT**

**25-28** Step and cross left over right, step right back, turn ¼ left stepping left to left side, point right to right side

### **Release left hands, raise right over lady's head and touch left hands in Reverse Indian Position**

**29-30** Turn ¼ right stepping right forward, turn ¼ right stepping left to left side

### **Raise right hands over lady's head, rejoin left hands over lady's left shoulder in Indian Position**

**31-32** Step and cross right behind left, point left to left side, '

### **STEP, POINT, STEP, POINT, ROCK, RECOVER, COASTER ¼ TURN**

**33-36** Step left forward, point right to right side, step right forward, point left to left side

**37-38** Step and rock forward on left, recover back onto right

**39&40** Swing left around making ¼ turn left and step left back, step right beside left, step left forward

### **Now facing LOD, in Right Side By Side Position, (Sweetheart)**

### **STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE**

**41-44** Step right forward, step and lock left behind right, right shuffle forward

**45-48** Step left forward, step and lock right behind left, left shuffle forward

### **ROCK, RECOVER, TRIPLE ½ TURN, STEP, PIVOT, (LADY ROCK) TRIPLE STEP**

**49-52** Step and rock forward on right, recover onto left, triple step right, left, right, making ½ turn right to face RLOD

### **Release left hands, raise right**

**53-54MAN: Step left forward, pivot ½ turn right**

**LADY: Step and rock forward on left, recover onto right**

**55&56** Triple step left, right, left on the spot

**Lower right hands to waist height and release hands**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=29004](https://www.linedance.com/index.php?f=dance_view&id=29004)