

BEFORE HE CHEATS

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Count: 32 **Wall:** 1 **Level:** beginner/intermediate

Choreographer: Sean Miller

Music: Before He Cheats by Carrie Underwood

HEEL DIGS AND POINTS

1&2& Right heel dig, close right to left, left heel dig, close left to right

3&4&¹/₄ **turn right heel dig, close right to left, point left toes to side, close left to right**

5-6& Point right toes to side, hold for one beat, close right to left

7&8& Point left toes to side, close left to right, point right toes to side, snap fingers pointing them to side

STEP, LOCK, LOCK STEP, STEP, LOCK, LOCK STEP

1-2 Step forward right, lock left behind right

3&4 Right lock step forward

5-6 Step forward left, lock right behind left

7&8 Left lock step forward

ROCK, HALF SHUFFLE, ROCK, HALF SHUFFLE

1-2 Rock forward right, recover on left

3&4 Half turn shuffle over right shoulder

5-6 Rock forward left, recover on right

7&8 Half turn shuffle over left shoulder

ROCKING TURN, WEAVE, ROCK, WEAVE

1-2 Rock out to side on right making ¹/₄ turn left, recover on left

3&4 Step right behind, step left to side, step right across

5-6 Rock left to side, recover on right

7&8 Step left behind, step right to side, step left across

REPEAT

TAG

After wall 2

MAKING 1 FULL TURN WITH FOUR PADDLE TURNS:

- 1& Rock forward right making $\frac{1}{4}$ turn left, recover on left
- 2& Rock forward right making $\frac{1}{4}$ turn left, recover on left
- 3& Rock forward right making $\frac{1}{4}$ turn left, recover on left
- 4& Rock forward right making $\frac{1}{4}$ turn left, recover on left

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=63674