

ICHI BAN

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Jolene Pearly Vun

Music: No.1 by Seiko Matsuda

Specially dedicated to Mr. & Mrs. Ng Min Chin from Penang Waterfall Line Dance Group

SAILOR STEP (TWICE), HEEL, STEP, HEEL, POINT

- 1&2** Cross right behind left, step left to left side, step right to place
- 3&4** Cross left behind right, step right to right side, step left to place
- 5-6** Touch right heel diagonally forward, step right beside left
- 7-8** Touch left heel diagonally forward, touch left beside right

HIP BUMPS TO LEFT, HIP BUMPS TO RIGHT, BACK MAMBO, RIGHT MAMBO

- 1&2** Point left to left, step down on left (hip bumps left, right, left)
- 3&4** Point right to right, step down on right (hip bumps right, left, right)
- 5&6** Rock back on left, recover on right, step left beside right
- 7&8** Rock right to right, recover on left, step right beside left

KICK, CROSS, POINT TO SIDE (TWICE), BACK MAMBO, PIVOT ¼ TURN LEFT

- 1&2** Kick left forward, cross left over right, point right to right
- 3&4** Kick right forward, cross right over left, point left to left
- 5&6** Rock back on left, recover on right, step left beside right
- 7&8** Step forward on right, recover on left with ¼ turn left, step right beside left

Facing 9:00

TOE STRUT FORWARD (TWICE), FORWARD MAMBO, ½ TURN RIGHT, STOMP

- 1-2** Step forward on left toe, drop heel taking weight
- 3-4** Step forward on right toe, drop heel taking weight
- 5&6** Rock forward on left, recover on right, step back on left
- 7-8** Step forward with ½ turn right, stomp left beside right

REPEAT

