

# One Night & One Day

LINEDANCE.COM

**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Esmeralda v.d. Pol (NL)

**Music:** Just One Day by Kim Sozzi

## Intro : 16 tellen

### Step Fwd, ¼ Turn R, Cross Shuffle, Monterey ½ Turn R, Kick Ball Cross

- 1-2 Step LF forward, make a ¼ Turn Right, weight on RF
- 3&4 Cross step left over right, Step right to the right side, Cross step left over right
- 5-6 Touch right to the right side, ½ Turn right, close right next to left
- 7&8 Kick LF forward, Step LF next to RF, Cross RF over LF (9)

### Side Step, Rock Step Fwd, ¼ Turn R, ¼ Turn R, Back Rock Step, Step Fwd

- 1-2 Step left to the left side, Rock forward on RF
- 3-4 Recover weight on LF, ¼ Turn right, step RF forward
- 5-6 ¼ Turn Right, step LF to the left side, Rock Back RF
- 7-8 Recover weight on LF, step RF Forward (3)

### Side Step, ¼ Turn R, Cross Shuffle, ¼ Turn L, ¼ Turn L, Step Pivot ¼ Turn L & Cross,

- 1-2 Step Left to the Left side, make ¼ turn right, step right to the right side
- 3&4 Cross Left over Right, Step right to the right side, Cross Left over Right
- 5-6 Make ¼ turn Left, stepping back on right , Make ¼ turn Left, step left to the left side
- 7&8 Step forward on right, Make ¼ turn Left , weight on LF, Cross Right over Left (9)

### Side Step, R. Sailor Step, Behind-Side- Cross, Side Rock Step ¼ Turn L,

- 1-2 Step LF to the left side, Cross right behind left,
- &3-4 Step Left to the left side, Step right to the right side, Cross LF behind RF
- 5-6 Step right to the right side, Cross left over right
- 7-8 Rock right to the right side, recover on left with ¼ turn left (6)

### Step Fwd, Full Turn R, Step Fwd, Rock Step Fwd, ½ Turn R, Step Fwd,

- 1-2 Step forward on right, make ½ Turn Right, step left back

- 3-4 Make ¼ turn right, step right forward, Step Left Forward
- 5-6 Rock forward on right, Recover on Left
- 7-8 Make ½ turn right, step RF forward, Step forward on Left (12)\*\*\*Restart 3 wall

**(For the restart you need a & count for restart the dance, & Close RF next LF )**

**Jazz Box ¼ Turn R, Chasse R, Shuffle Fwd**

- 1-2 Cross right over left, Step Left back
- 3-4 ¼ turn R, step right to the right side, Cross left over right**
- 5&6 Step right to the right side, close Left next to right, Step right to the right side
- 7&8 Step forward on Left, close right next to left, Step forward on Left (3)

**Kick Ball Touch, ¼ Turn L, Touch, Kick Ball Touch, ¼ Turn L, Step**

- 1&2 Kick RF forward, step RF next to left, Touch left next to right
- 3-4 Make ¼ turn Left, step left to the left side, Touch right next to left
- 5&6 Kick RF forward, Step right next to left, Touch left next to right
- 7-8 Make ¼ turn Left, step left to the left side, Close right next to left (9)\*\*\* Restart 5 wall

**Rock Step Fwd, & Walk Walk, Pivot ½ Turn L, Shuffle Fwd**

- 1-2 Rock forward on left, Recover on right
- &3-4 Close left next to right, Step forward on right, Step forward on left
- 5-6 Step forward on right, Make ¼ turn left, weight on LF
- 7&8 Step forward on right, Close left next to right, Step forward on right (3)

**Tag:**

**At the end of the first wall**

**Rock Step, Coaster Step, Rock Step, Coaster Step**

- 1-2 Rock forward on left, Recover on right
- 3&4 Step back on left, Step right next to left, Step forward on Left
- 5-6 Rock forward on right, Recover on Left
- 7&8 Step back on right, Step left next to right, Step forward on right (3)

**Restart In the 3e wall after 40 counts, you dance & count for restart the dance, close RF next to LF**

**Restart In the 5e wall after 56 counts**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=79317](https://www.linedance.com/index.php?f=dance_view&id=79317)